

T H E



S P A

The Spa, advocates of holistic, healthy and sustainable lifestyle, to tailor towards your well-being journey. We are focused at nurturing your body, mind and soul for that perfect harmony and inner balance.

In collaboration with [comfort zone] spa, one of the world renowned brand for holistic wellness products, most of the products used are eco-friendly and without paraben and chemicals.

SIGNATURE TREATMENTS



Tranquillity™ Pro Sleep Ritual (50 minutes)

\$120.00

An innovative massage acting on three different sensorial pathways for profound relaxation, favouring sleep and helping to recover jetlag side-effects. The synergy of a unique blend of essential oils, the bespoke Tranquillity™ Sound, Ayurvedic and Indonesian Sea Malay techniques combined with the use of soft brushes, gently guide the way to achieving a quiet and peaceful mind and body state.

Aromasoul Elements Ritual (50 minutes)

\$120.00

The renewing spa experience is incomplete without the renowned therapeutic gifts of an exceptional massage. The treatment begins with your personalised selection from our unique collection of aromatherapy oils based on the ancient cultures of the Orient, Arabia, India or the Mediterranean. The massage can be enhanced with exfoliation and finish with a firming, hydrating body wrap.

Sacred Natural Organic Face and Body Ritual (50 minutes)

\$120.00

An anti-ageing treatment which is nourishing and protective with products which have been formulated according to Ecocert® guidelines, offering a natural treatment indicated for all skins, including even the most sensitive. Detoxifies, nourishes and protects the skin in a pleasant and embracing ritual.

All the above prices are in USD and subject to 10% service charge and applicable taxes.

WELLNESS JOURNEY



The Maldives Journey (110 minutes)

\$185.00

A restorative journey specifically designed to perfect the skin, increase elasticity and moisture, and relax the senses. Recommended for a gentle, calming day of care and attention. The spa journey includes body massage to get you in the mood for true relaxation, followed by revitalising body wrap and an organic facial treatment, and end with a relaxing bath soak.

Enjoy your beauty (140 minutes)

\$225.00

Treat your body and skin to the care it deserves. Bring back awareness to the body in a gentle way, by replenishing dry, thirsty skin, boosting energy levels and soothing aches and pains. The journey includes mesmerising body massage with a blend of global massage techniques, followed by an exquisite hydrating facial, body exfoliation and finish with relaxing bath soak.

The Globetrotter Journey (110 minutes)

\$185.00

A purifying journey to release excess energy, de-stress, and leave skin and body feeling light, fresh, and youthful. Recommended after travel, in cases of fatigue, and for those seeking vitality and energy. Includes a extraordinary sleep-inducing massage to re-set your biological clock and rebalance, followed by a recovery facial ensuring you are rested and restored, and end the spa journey with a relaxing bath soak.

Time for Two (110 minutes)

\$185.00

Enjoy your special time with your loved one, treat yourself to the luxury of mesmerising sleep ritual with mini facial, refreshing eye treatment and followed by full body exfoliation. End the journey with a relaxing bath soak.

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FACE CARE

T H E S P A



Hydramemory - A Deep Hydrating, Antioxidant Facial (50 minutes) \$110.00

A deep hydrating, antioxidant treatment for face, neck and décolleté. Leaves the skin hydrated and feeling silky. Restores compactness, nourishment and luminosity. Offers a unique experience, thanks to the specific application of the mask with brushes and the exclusive Comfort Touch Face Massage.

Active Pureness - A Deep Purifying Facial (50 minutes) \$110.00

A deep cleansing treatment that gives an immediate luminous, smooth and even appearance. Characterised by an innovative mattifying peel-off spirulina algae mask. Intense and delicate at the same time, it purifies and balances the skin, leaving it fresh and toned.

Recovery Touch - A Nourishing Multi Vitamin Facial (50 minutes) \$110.00

A nourishing, multi-vitamin antioxidant treatment for face, neck and décolleté for a repairing and protective action. Ideal after direct sun exposure.

Remedy-Renewing, Strengthening and Soothing Facial (50 minutes) \$110.00

Renewing, strengthening and soothing, this fragrance-free treatment is recommended for skins which are sensitive, fragile and prone to redness. Smoothen and protects skin through delicate dermal-affinity action.

Sublime Skin Active Lift (50 minutes) \$110.00

An anti-ageing re-densifying and lifting treatment for the face and neck, restores fullness to the skin and redefines the volume of the face. Its specific action and results are prominent after the innovative biphasic peel-off mask.

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BODY AND FACE CARE

T H E S P A



Renewing Body Polish (30 minutes)

\$75.00

A unique renewing body scrub which deeply exfoliates the skin whilst also providing nourishment, youth and splendour to all skin types.

Body Strategist Firming (50 minutes)

\$120.00

A replenishing treatment bestowing perfect tone, elasticity and restoring moisture balance to the skin, leaving it soft, silky and compact.

Body Revitalising Mud (50 minutes)

\$120.00

A muscle-warming, remineralising and purifying body wrap. Deep cleansing mud mask for the body, and a warming therapeutic treatment for muscles and joints. This is to stimulate energy flow and bestow a sense of relaxation, comfort and vitality.

Slimming Detox Marine Wrap (50 minutes)

\$120.00

An intensive treatment with thermal waters from Bagni di Pisa, with detoxifying and anti-cellulite actions diffused in a blend of essential oils and algae for profound purification of the tissues and a slimming, detoxifying action.

Sun Recovery (50 minutes)

\$120.00

Soothe and calm your skin after too much of sun expose, nourish and nurture your skin to maintain a lasting radiance tan.

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DEDICATED TREATMENTS

T H E



S P A

Sublime Skin Eyes (25-minute)

\$55.00

An exquisitely refreshing, hydrating and plumping eye mask for tired eyes, ideal after long flights and jet lag.

Light Leg-Jet leg treatments (25 minutes)

\$75.00

An immediate boost of vitality for improved circulation, easing away the sensation of heavy legs, the perfect remedy for travelers

Renewing Foot Ritual (25 minutes)

\$75.00

Revitalising spa treatments to reveal polished and smoother feet, which stimulates blood circulation and deeply renews and nourishes the skin.

Vitality Hand Ritual (25 minutes)

\$65.00

A nourishing and protective hand treatment to renew the delicate areas of the hands and restore nourishment and beauty.

New Life New Mum (50 minutes)

\$120.00

The perfect treatment for during pregnancy as well post-pregnancy, thanks to the nourishing action of the product and the active ingredients. A gentle treatment which takes care your body, reducing swelling, improving circulation and deeply nourishing the skin

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TRADITIONAL ASIAN



Balinese Massage (50 minutes)

\$110.00

A traditional full body massage utilising a combination of rigorous techniques into one session designed to release tense and knotted muscles by working deeply into the tissue and targeting all muscle groups.

Thai Massage (80 minutes)

\$150.00

A full body treatment that involves passive yoga-like stretching and pressure point massage along the body's major energy channels to release blocked energy, relieve tension, align the skeletal structure and increase flexibility. This treatment does not require oil application.

Kodhipparu Fusion Massage (50 minutes)

\$120.00

A blend of many different Asian techniques, this treatment merges the art of five different traditional massage skills: Thai, Balinese, Swedish and reflexology to give you the true experience of Asian healing, leaving you totally rejuvenated and relaxed.

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CLASSIC MASSAGES



Deep Tissue Massage (80 minutes)

\$160.00

Aimed at targeting the deeper tissue structures of muscle and connective tissue, this treatment is a more focused type of massage with the pressure generally intense. Our skilled therapists work to release chronic muscle tension, knots and adhesions in order to increase flexibility and release deep tension.

Warm Stone Therapy (80 minutes)

\$160.00

Warm essential oils are drizzled over the skin and volcanic stones are used to massage the body along with gentle pressure providing a nurturing and enhanced healing effect. This massage helps to release tight muscles and energy pathways, promoting a calming effect on the nervous system leaving you totally balanced.

Foot Reflexology (50 minutes)

\$90.00

Stimulating pressure points on the feet correspond to different parts of the body. This treatment gives an extreme sense of relaxation, improves circulation and promotes a general feeling of well being.

Back, Shoulder and Head Massage (30 minutes)

\$75.00

This massage aims at releasing accumulated stress in the tissues, muscles and joints of the head, neck and shoulder. It is ideal for relieving stress, tension, fatigue, insomnia and headaches.

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AYURVEDIC

T H E S P A



Abhiangga Massage (80 minutes)

\$175.00

A welcoming foot ritual initiates this profoundly relaxing massage that offers the ultimate experience in relaxation. Applying warm oil, enriched with fragrant Indian spices combined with long deep rhythmical strokes stimulates the body's vital energy. The treatment is concluded with a scalp and face massage with facial pressure point stimulation.

Shiro-Abhyangga Massage (80 minutes)

\$185.00

A powerful therapeutic experience based on Ayurvedic healing therapy used thousands of years ago. Shirodhara enhances your balance by awakening the senses, invigorating the soul and giving back a sense of total well being. The concept of Shirodhara aims to relax the body and open the third eye. A foot ritual is followed by a relaxing Abhyanga full body massage and continues with the drizzling of warm oils in a steady stream over the forehead, combined with a scalp massage to enhance deep relaxation.

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NAIL CARE

T H E  S P A

Classical Manicure (50 minutes)

\$80.00

Treat your hand with our luxury nail care product, leaving your hands and nail feeling smooth, perfectly shaped, and nourished, include nail polish

Classical Pedicure (50 minutes)

\$90.00

Smooth and moisturized feet at the end of the treatment, with our luxurious nail care product for your toes, perfectly shaped, and polished.

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SALOON SERVICES



Hair For Men & Women Cuts & Style

Beautiful hair needs an expert, who creates a current yet individual hairstyle that suits your lifestyle.

Shampoo & Conditioner / Mask	\$45
Hair Cut [Includes Shampoo]	\$50
Hair Styling / Blow Dry	\$50
Hair Ironing	\$50
Roller Set	\$30

Hair Care

Restore moisture and nutrients to your hair with one of our specialised prescriptive hair treatments.

Hair Spa Women	\$30
Hair Spa Men	\$30

Make up & Hair Styling

Wedding make up with hair style for Bride	\$95
Wedding make up with hair style for Groom	\$30
Make up & hair style for party	\$50
Make up & hair style for photo shooting	\$50

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SALON SERVICES



Waxing*

A traditional waxing ritual with a touch of our signature balm to heal, nourish and pamper the skin.

For Women

Underarms	US\$ 25	Full Arms	US\$ 60
Half Arms	US\$ 40	Full Legs	US\$ 60
Half Legs	US\$ 35	Bikini	US\$ 35
Full Leg & Bikini	US\$ 90	Full Leg & Brazilian	US\$ 110
Full Face	US\$ 25	Brazilians	US\$ 55

For Men

Male Chest	US\$ 45	Male Back	US\$ 45
Full Leg	US\$ 75	Full Body	US\$ 200

Threading

Our Indian traditional threading will give you a perfect shape with relaxation touch

Eyebrow Shaping	US\$25
Upper lips	US\$25

Notes:

For waxing services:

- * Rates depending on length of hair
- * Rates based on body parts

Medical Conditions

Please inform us of any medical conditions or other special needs that require our attention

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YOGA AND WELLNESS

T H E S P A



Sunrise Yoga (60 minutes)

\$45.00

Designed for those who enjoy an early start to the day, Sunrise Yoga includes gentle movements, breathing techniques, stretching and sun salutation to help revitalise the body. The special sequences of yoga asanas help to create a positive mood and a feeling of well being, all to reduce stress and stiffness in the body.

Hatha Yoga (60 minutes)

\$45.00

The most famous aspect of Hatha yoga is the postures or 'asanas' which are used to strengthen, stretch, and tone the body as part of yoga practice. During a Hatha yoga session, the yoga master will move through a number of poses, holding them for varying amounts of time and working in a set order to ensure that muscle groups are slowly warmed up and evenly worked.

Pranayama (60 minutes)

\$45.00

Pranayama is the science of controlling your breathing through systematic breathing sequences. Learn the process of regulating your breathing and gain control of the Prana, the vital life force; helping to achieve longevity.

Meditation (60 minutes)

\$45.00

Learn about relaxation and breathing techniques which help to control stress, clarity of mind and enhance the power of creativity. Connect with your higher self and invoke a state of deep silence whilst restoring energy and inner awareness.

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YOGA AND WELLNESS

T H E S P A



Yoga Nidra for Relaxation (60 minutes)

\$45.00

Yoga Nidra is a highly powerful ancient meditation technique. In yoga Nidra, you are not only able to enjoy the complete physical, mental and emotional relaxation but are also able to explore the tremendous powers hidden within the deeper layers of the subconscious and unconscious mind. Yoga Nidra delivers a deep relaxation where by the mind is in the unique state of between being asleep and being awake.

Sunset Yoga (60 minutes)

\$45.00

A combination of various yoga techniques are offered at sunset to help you unwind and relax in a beautiful tranquil environment.

Private Yoga (60 minutes)

\$45.00

Designed specifically for your specific concern where our Yoga Master will only focus on how to guide and assist you to release all your stress, pain, and leave you in a perfect relaxation.

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SPA ETIQUETTE



Reservations

We recommend you to schedule your spa treatments in advanced. Our spa team will gladly assist in recommending the treatment of your wellness journey.

Arrival

We recommend that you arrive 10 minutes prior to your appointment in order to complete your health assessment form and relax before starting your treatment.

Preparing for your treatment

To avoid irritation, shaving is not recommended prior to body treatments. For your safety, please remove contact lenses prior to facial services.

For men, please shave prior to all facial treatments to ensure that maximum results are achieved. Please shower prior to your treatment to enhance oil absorption and the overall experience.

Health Conditions

Please advise us of any health conditions that may affect your treatment.

Cancellations and Late Arrival

As a courtesy to other guests, please provide 6 hours' notice if you must cancel or reschedule your appointment. Less than 6 hours' notice of cancellation will result in a charge of 100% of the treatment price. If you arrive late, the length of your treatment will be shortened to end as scheduled, allowing our therapists to take their next scheduled appointment on time.

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SPA ETIQUETTE



Recommendations

We recommend that you leave all jewellery in your villa before coming to The Spa. We kindly request that you refrain from using mobile phones in the spa to ensure a tranquil environment.

Charges

All treatments will be charged to your villa, and appear on your account at the time of check out.

Taxes & GST

All the above prices are In USD and subject to 10% service charge and applicable taxes.

Gratuities

In appreciation of services, gratuities maybe given at your discretion.

Operation Hours

Spa Treatments: 10:00-21:00

Spa Boutique: 10:00-21:00

Yoga: 08:00-19:00

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