



LOAMA

SPA

*Loama Resort Maldives at Maamigili
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Rediscover The Soul

Leave all your cares behind when you step into our centre of tranquility. Relax to soothing music. Be enchanted by our blend of exotic oils and fragrances. Enjoy the serenity of a quiet space where the old world melds effortlessly into the new.

We're here to help you relax, refresh and re-energise. Our range of rejuvenating treatments infuses traditional practices with contemporary techniques, resulting in a truly unique Loama experience, crafted just for you.

So take a deep breath, and prepare to be pampered.



Cultural Highlights

Experience our Maldivian Spa highlights, designed specifically using local ingredients and unique techniques to soothe both your body and soul.

Ran (Luxury Gold Treat) *155mins USD 3588*

For centuries, pure gold has been used as a tool to maintain health, youth and beauty. Now Loama Spa brings this luxurious treatment to fulfill your pampering desires. A session of this magnificent beauty treatment begins with an invigorating body scrub, after which the body is covered with a 24K gold mask. This is followed by a glowing gold facial, starting with in-depth cleansing using purifying enzyme gel containing gold flecks.

The process continues with fine light oil containing gold applied into the skin with the movement of lymphatic drainage to plump it out. Next, a gentle pat down with light pure gold feathers warms the face, delivering low level pulses to activate skin cells and deliver anti-aging effects. This also aids in brightening the complexion, softening and smoothening the appearance of fine lines, and producing a lasting youthful glow.

Luxury Gold Treat is the ultimate beauty treatment for that million-dollar look.

Joaddu (Two) *255mins USD 1100*

The ultimate couple experience. Enjoy the therapy of past Maldivian royalty. Start with a foot ritual, followed by a steam and shower, before an invigorating body sea salt exfoliation. Your senses will then be stimulated with our aromatic massage scent selected for your personal preference. To complete the royal treatment, crushed pearl powder mixed with gold serum (rich in micro minerals) is applied as a face mask to re-energise the skin while delaying the aging process, a luxury that has been practised for centuries by Maldivian Sultans and Sultanas (Raduns and Radins).

Ideal for all skin types, this treatment will firm and uplift your skin, leaving it nourished, hydrated and toned. Designed to delay the aging process.

Saafu (Loama Delight) *180mins USD 510*

Our Signature ritual uses a unique Loama blend of essential oils combining the fragrances of Orange, Geranium, Bergamot, Rosemary and Juniper that will help to cleanse and detoxify your entire system.

Start your journey with a floral footbath and continue with a body scrub to open and revitalise your senses. Your body will be brushed and scrubbed, removing all dead skin cells. This will stimulate lymph and blood circulation to aid the detoxification process. This treatment will be followed by our Loama signature massage; where body and mind will be stimulated to improve digestion and detoxification. Continue the journey of bliss and harmony by enjoying a facial based on your individual skin diagnosis. End your journey in the comfort of the serene Spa environment. Be mesmerised by the amazing view of the Indian Ocean while being served a signature blend of tea, just for you.

This ritual mainly focuses on detoxifying, nourishing, feeding and nurturing your skin as well as your soul by using locally sourced ingredients.

A perfect way of experiencing pure bliss and happiness.

Muthee (Pearl Facial) *90mins USD 190*

For centuries, Maldivian Sultans and Sultanas maintained their health, youth and beauty with the help of pearls that had been ground into a fine powder - this was considered the elixir of youth. The Maldivian Sultans knew that pearl accelerates the skin's rejuvenation process, resulting in more visibly radiant skin, while also helping to balance skin tone and provide mild lightening effects. In addition, an intensive boost of all nature's goodness in the form of silk extract is added to maximise penetration into the deeper layers of the skin. Ideal for all skin types, this treatment will firm and uplift your skin, leaving it nourished, hydrated and toned.

Raanee (Queen) Wrap *60mins USD 155*

Combining the richness of volcanic mud, cocoa butter, lavender oil, and rosewater, this treatment is deeply detoxifying at all levels. Lie back and enjoy a full body exfoliation, leaving your skin soft and enlivened. A warm volcanic mask is then applied before you are cocooned in a comforting wrap. This treatment concludes with an aqua shower followed by the application of hydrating body milk.



Massage Therapy

Loama

60mins USD 165 / 90mins USD 210

Loama is our uniquely designed signature treatment based on traditional elements rooted in Maldivian culture. A blend of island ingredients with customised massage techniques will lead you into a deep level of relaxation, releasing all tension while freeing the mind. Loama massage techniques are a combination of Eastern and Western influences, incorporating elements of Maldivian, Swedish, Thai and Acupressure therapies that will leave your mind, body and soul at peace. Physically, the treatment will rejuvenate you by relaxing tight and stressed muscles while stimulating your senses.

Our unique Loama blend of Essential Oils combines fragrances of Orange, Geranium, Bergamot, Rosemary and Juniper that will help cleanse, clear and detoxify your entire system. At the same time the organic oils help to relax, revive and uplift. Enjoy the balanced harmony between mind and body, and experience a little Heaven on Earth.

Swedish

60mins USD 160 / 90mins USD 195

Allow our experienced therapists to help you regain your balance through this gentle, soothing and rhythmic massage that soothes aching muscles, stimulates circulation and removes toxins.

Aromatherapy

60mins USD 160 / 90mins USD 195

A unique, enlightening massage where the essential oil chooses you, not the other way around. Presented with an array of oils, each with a different health benefit, you will find one that appeals to you above the others; this is the right scent for you, at that moment. Let the aroma lull you into relaxation as the light and flowing massage brings about a sense of calm and well-being.

Thai

90mins USD 195 / 120mins USD 260

A traditional Thai massage will help re-awaken your body's energy flow, as your body is stretched and pressed by our therapist into a state of complete relaxation.

Thai Herbal Compress

120mins USD 310

A warm compress containing a carefully-selected potpourri of health-giving herbs is applied to your body, complemented by the relaxing effects of a Thai massage.

Hot Stone Massage

60mins USD 165 / 90mins USD 260

Asian cultures have used heated volcanic stones for their many benefits. This deluxe full body treatment using heated Basalt stones will instil a deep level of calmness while relaxing tight muscles, removing aches and dissolving stress.

Divers' Treat

60mins USD 165 / 90mins USD 195

A restorative full body massage that aids in releasing deeply held patterns of tension, removing toxins, relaxing, soothing and thereby encouraging muscles to operate at full capacity. The techniques used in this massage create a prolonged state of reduced muscular tension by applying deep muscle compression and cross fibre friction to increase blood and lymphatic flow.

Thai Acupressure Foot Massage

60mins USD 150

Acupressure applied to zones on the feet stimulates the body's own healing and balancing process by restoring its natural energy.

Scalp Massage

30mins USD 85

Aroma therapeutic oils for your individual hair and scalp condition are used on stress-relieving pressure points. This treatment will ease headaches, stress and tension by transferring you in a state of calmness and total relaxation.



Body Care

SCRUBS
45mins = USD 155

Dhivehin (Maldivian)

A local traditional therapy; incorporating local oils and sand. A treatment that will exfoliate your skin while soothing both mind and body.

Himalayan Scrub

A scrub designed to remove toxins from the body leaving your skin silky soft, a treatment ideal for those who live a stressful life or suffer from tight muscles.

Kaashi (Coconut) Exfoliate

A tropical beauty secret, where only the finest coconuts are selected for their shell composition. The therapy not only revitalises tired skin but leaves you with that tropical texture.

Jojoba Polish

The lightest of all our treatments, small Jojoba beads are blended into an oil base to lightly exfoliate, enhancing skin tone and texture.

Sunburn Cooler

Soothe and replenish your body during this skin quenching treatment specifically designed for post-sun exposed skin. The body is enveloped with a blend of healing lavender essential oil infused in cool towels, followed by a chilled Aloe Vera mask speeding up the recovery of the damaged skin cells.



WRAPS (Full Body)
60mins = USD 165

Revitalising

Combining the richness of volcanic mud, cocoa butter, lavender oil and rosewater, this treatment is deeply detoxifying at all levels. Lie back and enjoy a full body exfoliation that leaves your skin soft and enlivened. A warm volcanic mask is then applied before you are cocooned in a comforting wrap.

This treatment concludes with an aqua shower followed by the application of hydrating body milk.

Nourishing

This treatment begins with a gentle Jojoba body polish to exfoliate and cleanse the whole body. Then, a nourishing full body mask is applied and you are cocooned in a comforting body wrap, whilst enjoying a full scalp massage for total relaxation. This ancient clay therapy body wrap nourishes, firms and tones the skin. This treatment concludes with an aqua shower followed by the application of body butter.

Balancing

This treatment includes a wrap and a full body massage enhanced by a nutritious Shea Butter application. Rich, relaxing, indulgent, you'll delight in every minute. Oil is applied to the skin, a salt scrub is gracefully sprinkled, and the two are gently massaged. Warm towels remove the mixture, preparing the skin for our creamy Shea Body Butter. While you're enveloped in the richness, your head, face, neck and feet are massaged. The final indulgence - the remaining Shea Butter is massaged into the skin with a full body massage. More nurturing than you could ever imagine.

Energising

The healing powers that only nature can produce are the heart and soul of this beautiful wrap. You and your therapist will determine your skin needs. Then, the treatment begins with a light, cleansing exfoliation followed by a calm, graceful application of your custom body mask. Lastly, a body moisturiser is massaged into your skin, leaving it soft, supple and energised.

Packages

Maamui Han'dhu (Celebration of Love)

150mins USD 600 (2 persons)

This indulgent ritual for two will begin with a coconut scrub to gently polish and exfoliate the body. A steam shower will awaken your senses further, preparing your body for an aroma oil massage therapy based on your own selected essential oils; this therapy restores balance and harmony.

Detoxify

215mins USD 425 (2 persons)

The ocean has been used for years to help remove toxins from our system; we follow the same principles with our locally available ingredients. Your treatment starts with a consultation; from here you are taken to your own private sanctuary where we begin your treatment with a 20min cleansing steam shower to open the pores and maximise the effects of treatments. Sea salt is then applied to remove tired skin cells before you are enveloped in a mud cocoon. While cocooned, you will receive scalp and face acupressure. Then, you continue to wash yourself in order to prepare your face for a 90min facial.

Taste of Thai

150mins USD 420

Warmed Thai herbal compresses are expertly applied along your body's energy lines to relieve tension while the herbs are infused into your skin. This is further boosted with the therapist activating specific organs via the Thai foot healing system.

Firumun (Pampering)

150mins USD 225

After an exciting day in the sun, enjoy a pampering treatment at our salon. Our therapeutic scalp massage will free you of tension and fatigue as you indulge in a soothing manicure and pedicure. The treat concludes with an invigorating hand and foot massage using a cooling and refreshing aromatherapy gel, leaving your skin soft and vibrant.

Facial Care

Bamboo Charcoal

75mins USD 175

Indigenous to the Maldives, the essential ingredient of coconut is combined in this facial with bamboo charcoal for maximum cleansing effect. Not only do coconuts provide nourishment for Maldivians, the activated Bamboo charcoal cleanses and purifies the skin while the volcanic clay facial mask removes impurities, and absorbs toxins, dirt and pollution from the skin. Helps increase cell renewal and removes dull, dead skin cells for thoroughly cleansed, revitalised and healthy skin.

Sensitive

60mins USD 155

This exquisite facial treatment will take you on a unique aromatic journey of the senses. The products we use contain the finest plant essences and hydrosols to refine, hydrate and leave your skin toned and radiant. A freshly prepared herbal eye compress calms and soothes the delicate eye area. The results are impressive as your complexion regains its natural glow.



Beauty Therapy

WAXING

Full Leg Wax	USD 60
Half Leg Wax	USD 45
Full Arm Wax	USD 45
Half Arm Wax	USD 40
Bikini Wax	USD 30
Brazilian Wax	USD 60
Under Arm Wax	USD 30
Lip & Chin Wax	USD 30

THREADING

Eyebrow	USD 30
Upper Lip	USD 30

NAIL CARE

Manicure	USD 85
Pedicure	USD 95

HAIR CUT

Men	USD 45
Women	USD 55
Blow Dry, Straightening Or Curling	USD 55 ONWARDS
Hair Up & Special Occasions	USD 55 ONWARDS

Wellness Packages

Ufa (Loama Bliss)

7 days USD 3500 / 14 days USD 6200

A perfect way to rejuvenate and transform your body, mind and soul with a customised programme just for you.

Baaru (Power Within)

5 days USD 2500

Relax and detoxify your entire body with a customised five-day retreat to rejuvenate from the inside out while finding the power within through meditation and yoga.

Maruhabaa (Welcome)

2 days USD 1150

Enjoy this two-day well-being journey to create a balanced lifestyle and boost physical, emotional and spiritual harmony.



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Yoga & Meditation

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Private Yoga Class

60mins USD 60 (per person)

Additional person USD 45

The word Yoga is derived from the Sanskrit word 'Yuj' which essentially means to join or unite. The union referred to is that of the individual self uniting with Cosmic Consciousness or the Universal Spirit. Yoga is a means to achieving this goal.

A complimentary class is conducted daily at the Yoga Pavilion. Please refer to Loama Spa reception for the schedule.

Personal Instruction can be yours at any time. This is a perfect opportunity to discover the benefits of this ancient tradition, to develop a routine that you can incorporate into your daily lifestyle or to enhance your existing yoga practice. Our yoga teacher works closely with you to design a programme suited to your needs.

Meditation

60mins USD 60 (per person)

Additional person USD 45

Learn the healing powers of meditation with a private guided session. Discover your breath and learn how to breathe effectively.

How To Spa

Admission

All Loama guests, 16 years and older, have complimentary use of the Fitness Centre.

Reservations

Reservations can be made with Loama Spa reception or by calling from your in-room telephone. We suggest that you schedule your appointments in advance to obtain your preferred time.

Hours of Service

9am to 9pm

All in-room massages during opening hours incur an additional charge of USD 25. Should you wish to schedule a massage after opening hours, this can be arranged with advance notice and will incur an additional charge of USD 60.

Arrival

We recommend that you arrive at least 15mins prior to your appointment time in order to relax and enjoy our facilities. Arriving late will limit the time of your treatment. For your first visit to Loama Spa, you will be asked to complete a brief, confidential consultation card.

This is to check for possible contra-indications to any treatments.

What to Wear

We will provide you with a robe, sarong-wrap, slippers and a locker for your personal belongings. If you plan to use the fitness facilities or join our yoga classes, please wear appropriate workout/ loose attire.

Gym shoes are required in the Fitness Centre.

How To Spa

Spa Etiquette

We value the holistic existence and with it, Nature, possibly the greatest healer of all.

We therefore ask you to respect and enjoy the quietude in and around the Spa area where we hope you will find harmony through the therapies we offer.

Please do not use mobile phones within the Spa area.

Cancellation Policy

Should you wish to cancel an appointment, please allow us 4 hours notice or a full cancellation fee will be charged. 'No shows' will be charged at the full treatment price.

Valuables

We advise you not to bring any valuables during your visit. Loama Spa accepts no responsibility for the loss of money or valuables of any kind.

Gratuities

In appreciation of outstanding service, gratuities for spa staff may be left at your discretion. For your convenience, gratuities may be charged directly to your room.

Charges

All services are inclusive of service charge and prevailing government taxes.

Our dedicated team will assist you in selecting the best treatment options to suit your needs and preferences.

We recommend booking treatments in advance to ensure your preferred timings and services are available.