



Ocean
spa

A SUN SIYAM SPA

Overwater on Dream Island, Ocean Spa offering the best of the contemporary Spa experience for true bliss.

With a passion for bringing the best elements of nature for healing & relaxing journeys, Ocean Spa offers a curated collection of indulgent experiences designed to nurture you and to deliver an authentic spa experience based on your wellness goal:

Soothing

Enhance relaxation and reduce stress to achieve a harmonious balance between body, mind and spirit

Uplifting

Revitalise your inner strength while increasing vitality and balancing the body's energy

Purifying

Release stress through treatments that detoxify the body to regain equilibrium of the senses

JOURNEYS

Each of our spa journeys is precluded with sea salt foot soak and scrub that cleanse your energy and prepare to your rejuvenation experience.

Pure Elements Soothing 150 minutes Body Scrub | Ocean Signature Massage | All Natural Facial

Capturing the purest elements of nature, this exclusive experience features a selection of fresh ingredients and exceptional therapies designed in harmony with the natural rhythms and the inherent needs of body and mind. Discover full body renewal through choice of body scrub then complemented with nourishing milk bath, a soothing signature massage to release muscle and mental strain, and all natural facial to address individual skin concerns and promote a healthy, radiant complexion.

Radiance Soothing 150 minutes

Crown Chakra Therapy | Body Scrub | Body Wrap | Refresher Facial

This decadent combination of treatments is perfect for those looking for a beautifying boost. The ritual commences with Crown Chakra Therapy to calm the mind, followed by skin nourishing session with aloe vera body exfoliation to shed dead skin cells, and aloe vera body cocoon to hydrate and promote radiance. A refresher facial to complete the journey. From head to toe, skin will feel softer, smoother and more radiant.

Jet Lag Revival Purifying 120 minutes

Herbal Revival Massage | Foot Massage

An invigorating ritual that eliminates toxins and puts you back on your dynamic liveliness. Muscle melting Herbal revival massage, followed by invigorating foot massage, leaving you content and refreshed.

True Bliss Uplifting 120 minutes

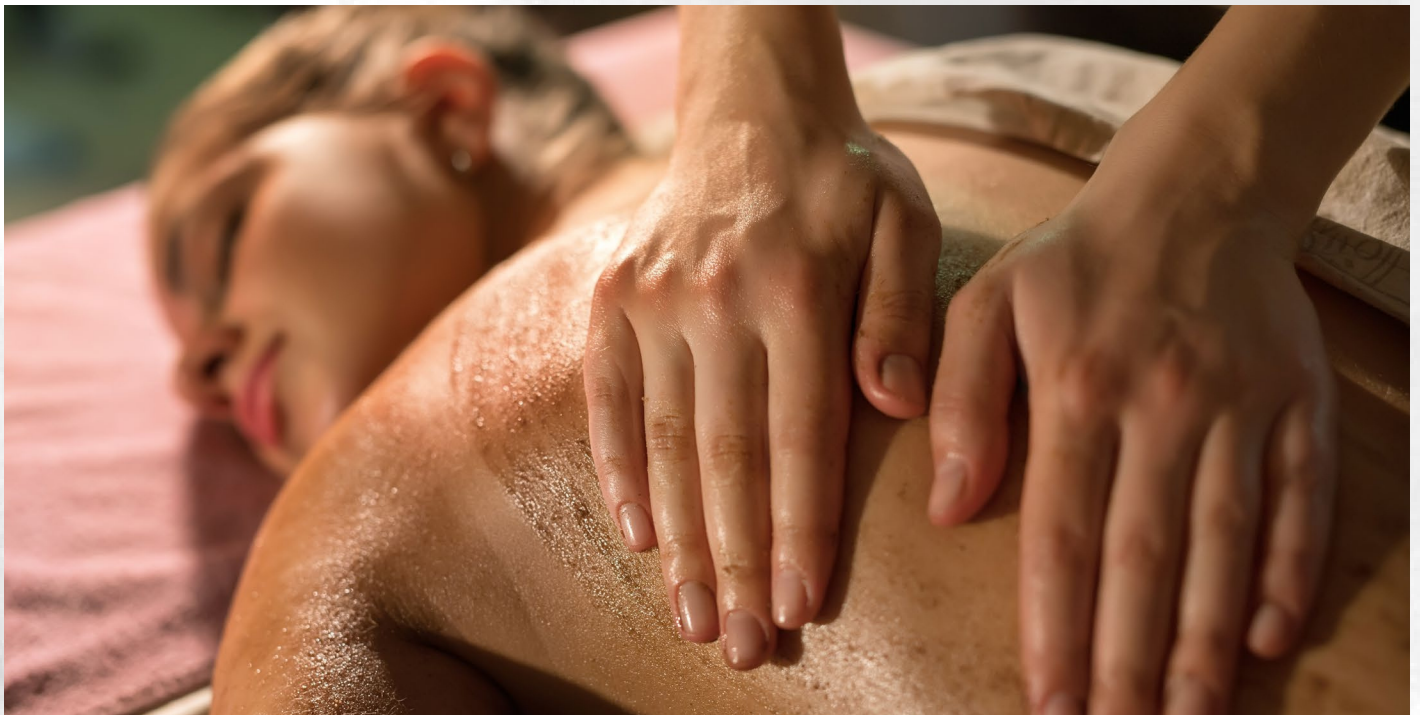
Warm Stone Massage | Refresher Facial

Your sensory journey begins with a warm stone massage to encourage deep relaxation. Warm stones are placed on key meridian points while a deeply therapeutic massage relieves aching muscles and quiets the mind. Your restorative journey closes with Refresher mini facial to release any remaining signs of stress.

Instant Relief Uplifting 90 minutes

Tension Relief Massage | Refresher Facial

Designed to promote an instant renewal for your exhausted physique, begin with deep tissue back massage then your restorative journey closes with all-natural mini facial to help you look and feel at your best.



MASSAGES

Ocean Signature Massage Soothing 90 minutes A unique blend of different massage techniques of Shiatsu, Hawaiian Lomi-Lomi, Balinese and completed with sublime cool stones massage on your face. This massage is designed for deep relaxation, increasing blood circulation and release muscle tensions.

Yoga Massage Uplifting 90 minutes

Your therapist will apply comfortable and appropriate pressure, using thumbs and palms, along the energy meridians to guide you and your body through this 5,000-year-old self-healing ritual. Excellent for rebalancing energy flow and restoring the natural equilibrium of the mind and body, you will be wearing comfortable clothing as your therapist guides your body through a series of asanas.

Herbal Revival Massage Purifying 90 minutes

This aromatherapy massage blends customized essential-oil infusions with warm herbal compresses and therapeutic techniques to melt stiffness along tension area of body. Deliver you the ultimate experience to dissolve stress and balance the body's internal rhythm

Warm Stone Massage Soothing 90 minutes

Smooth, heated stones are applied to your body in a pattern that renews tired muscles and soothes an anxious mind. The heat from the stones radiates deep into your body, leaving you feeling grounded and rejuvenated.

Balinese Massage Soothing 60 / 90 minutes

This traditional Balinese therapy employs age-old techniques including stretching, long strokes, skin rolling and firm applications of pressure to release tension and enhance flexibility. By incorporating aromatic oil you'll experience a surge in energy.

Tension Relief Massage Uplifting 60 minutes

A therapeutic, slow, deep massage strokes deliver pressure to the inner layers of muscles and connective tissue to ease tightly-held tension on the back and upper body area.

Reflexology Purifying 60 minutes

Utilizing the traditional healing art of specialized massage techniques, therapist concentrates on reflex areas in the feet that correspond to particular areas of body, stimulating and improving your overall physical, mental, and emotional well-being.

BODY EXFOLIATE

Coconut Scrub Soothing 60 minutes Savour the rich, natural goodness of this delightful body scrub as it combines the exfoliating properties of coconut meat with brown sugar to tighten your pores. The extra virgin coconut oil is then applied for its powerful moisturizing properties. A healthy dose of lemon rind and citrus oil deeply cleanse the body for luscious looking skin.

Crushed Coffee and Vanilla Uplifting 60 minutes

A blend of native vanilla pods along with crushed coffee beans is applied to the skin and, using specialized touch therapies, is gently massaged into your body to warm up the tissues, boost circulation of the blood, and increase metabolism leaving your skin smooth and emotions re-charged.

Royal Lulur Purifying 60 minutes

A traditional Javanese royal beauty ritual, these aromatic treatments will soften and refine your skin as it gently exfoliates. After a fresh yogurt splash is used to nourish your skin. Ideal for oily and problem skins.

BODY ENVELOPMENT

Aloe Vera Wrap Soothing 60 minutes Calm and soothe your skin with mask rich in cooling aloe vera, nature's most potent healing herb. This wonderfully cooling body mask will leave your skin cool, while a scalp massage will sooth your mind. It is recommended for those with problem skin, sunburn or very sensitive skin.

Moringa Detox Purifying 60 minutes

Body mask made from powerful herb that has many antioxidants. Promote healthy skin and natural beauty. It best aids helping to remove toxins as well as tone your skin.

FACIALS

All Natural Tropical Facial 60 minutes Pamper your skin with nature's revitalizing and beautifying properties and emerge radiant with an all-natural glow. With the use of natural ingredients and combination of coupled light touches and soft strokes, this facial will help detoxify and improve skin lymph flow as a youthful effect.

Fragrance Facial 60 minutes

With excellent emollient properties delicately fragrant, this facial use rose essential oil to soothe the skin, rich in vitamin E as a natural antioxidant. Deeply nourishing and suitable for sensitive skin types, this facial will leave your skin silky smooth and moisturized.

PRICES

JOURNEYS

Pure Elements Soothing Ocean Signature Massage Body Scrub Milk Bath All Natural Facial	150 minutes	\$595.53 per couple	\$326.25 per person
Radiance Soothing Crown Chakra Therapy Body Scrub Body Wrap Refresher Facial	150 minutes	\$533.39 per couple	\$274.47 per person
Jet Lag Revival Purifying Thai Herbal Massage Foot Massage	120 minutes	\$471.25 per couple	\$248.58 per person
True Bliss Uplifting Warm Stone Massage Refresher Facial	120 minutes	\$471.25 per couple	\$248.58 per person
Instant Relief Uplifting Tension Relief Massage Refresher Facial	90 minutes	\$409.11 per couple	\$233.04 per person

MASSAGES

Ocean Signature Massage <i>Soothing</i>	90 minutes	\$233.04 per person
Yoga Massage <i>Uplifting</i>	90 minutes	\$233.04 per person
Herbal Revival Massage <i>Purifying</i>	90 minutes	\$233.04 per person
Warm Stone Massage <i>Soothing</i>	90 minutes	\$233.04 per person
Balinese Massage <i>Soothing</i>	90 minutes	\$233.04 per person
Balinese Massage <i>Soothing</i>	60 minutes	\$170.89 per person
Tension Relief Massage <i>Uplifting</i>	60 minutes	\$170.89 per person
Reflexology <i>Purifying</i>	60 minutes	\$170.89 per person

BODY EXFOLIATE

Coconut Scrub <i>Soothing</i>	60 minutes	\$160.53 per person
Crushed Coffee and Vanilla	60 minutes	\$160.53 per person
Royal Lulur Purifying <i>Uplifting</i>	60 minutes	\$160.53 per person

BODY ENVELOPMENT

Aloe Vera Wrap Soothing	60 minutes	\$160.53 per person
Moringa Detox Purifying	60 minutes	\$160.53 per person

FACE


All Natural Tropical Facial <i>Soothing</i>	60 minutes	\$160.53 per person
Fragrance Facial <i>Soothing</i>	60 minutes	\$160.53 per person

All prices are in US Dollars, includes 10% service charge and applicable taxes.



the Spa

A SUN SIYAM SPA



Taking holistic approach to health and wellness, incorporating the healing principles of the east meet west with specific focus on the ancient traditional healing practices and aromatherapy.

SPA FOR TWO

Side by side in the treatment pavilion, enjoy time devoted entirely to the two of you.

Chocolate Delight 145 minutes A delightful relaxing experience. Enjoy invigorating chocolate scrub, followed by massage with delicious oil blend made of chocolate, ginger and cinnamon. Choco drink will be served while you are enjoying luxurious chocolate bath.

- Chocolate Almond Scrub40 minutes
- Chocolate Massage90 minutes
- Chocolate Bath15 minutes
- Cold Chocolate Drink

Romance at Olhuveli 145 minutes

The ultimate experience to share with your most loved one. You will feel completely refreshed and radiant at the end of this pure pampering experience.

- Romantic Couple Seashell Massage90 minutes
- Body Scrub40 minutes
- Bubble Bath15 minutes

Re-alignment Package 150 minutes

Bring the balance back to your life with our Re-alignment Package. Let your blood flow and skin glow with an awakening lazy yoga session. Body-opening with Thai massage, your muscles will be grateful for, and finish off with a relaxing foot massage that will benefit your whole body.

- Thai Massage90 minutes
- Foot Massage60 minutes

AYURVEDA TREATMENTS

Detox Massage 60 minutes A highly effective detoxifying treatment with the use of a special herbal powder that thoroughly exfoliates your whole body, particularly areas with cellulite build up. This exfoliating massage encourages break up excess fat. The treatment is effective if continued for 3 sessions.

Shirodhara 60 minutes

Awakening your senses and spirit with Shirodhara massage, warm oil is placed over the third eye and hairline. This holistic healing approach harmonizes the body, mind and soul and creates a balancing effect in the deepest blissful state of consciousness.

Abhyanga 60 minutes

Just as Western medicine believes that there are three body types, so does Ayurvedic practitioners: wind (vata), bile (pitta), and mucus (kapha) that are responsible for regulating the functions in the mind-body system. Abhyanga is performed with warm herbal oil infused with Ayurvedic herbs suited to the specific body constitution. This is a soothing, gentle massage that reaches the deeper tissues and bones.

Marma Massage 60 minutes

An Ayurvedic traditional massage working hands and feet. As a belief that there are 107 energy points on the feet, this massage focuses on the Marma points to stimulate and spread over the body. This unique technique will complete the experience and instill a deep sense of calmness.

Kativasti Massage 60 minutes

A targeted Ayurvedic massage that focuses on the lumbar spine with the use of warm Ayurvedic oil. This massage increases the oxygen in the blood stream and ease the tension on the joints and will make you feel relieved.

MASSAGES

Asia's tradition of traditions, a masterpiece of unique and strong cultural identity of different Ancient massages. All massages can be booked by 60 minutes or 90 minutes and can be individual or combined as a package.

Sun Signature Massage Relaxing 90 minutes Full body massage, combination of Shiatsu, Hawaiian lomi-lomi, Balinese and complete with cool stones massage on your face. This massage is designed for deep relaxation, increasing blood circulation and released muscle tensions.

Seashell Massage Energizing 90 minutes

A unique massage that focus on tense muscles with the use of the heat from the lava shell with calcium ions.

Warm Stone Massage Balancing 90 minutes

Characterized by the Huna's loving and nurturing approach, this massage brings the balance in physical, mental and spiritual dimensions. With long and gentle rhythmic strokes, this sensual massage will awaken your sense of well-being.

Thai Massage Stimulating 90 minutes

Gentle assisted yoga postures with stretching, palm pressures and pressure point work to rebalance energy flow. This massage treatment focusing on pressure points and energy lines, improves athletic performance and breathing while clearing the mind and building vitality.

Warm Bamboo Massage Relaxing 90 minutes

Similar to deep tissue massage, bamboo has the ability to release tension in major muscles through deep kneading of the stick. This heated bamboo will roll and knead the tissue to create an extreme sensation of relaxation and well-being. Bamboo massage is used as a powerful preventive therapy against modern-day stress and aids relief from many physical and emotional imbalance.

Thai Herbal Poultice Detoxifying 90 minutes

This ancient Thai treatment has been used all over the world to alleviate muscle pain and fatigue while conditioning the skin with herbs and oils. Concentrating on major energy meridians this treatment helps to harmonize the body and loosen energy blockages. As the muscles relax to the heat, the poultice and deep tissue massages will open up the pores where the therapeutic herbs are absorbed by your skin. A relaxing experience that regenerates skin, relieves muscle discomfort and promotes a better flow of energy.

Crown Chakra Scalp Therapy Relaxing 60 minutes

An intensive herb and oil based marma treatment, your therapist will focus on your scalp and spine. Working directly to calm the mind, this traditional technique also provides deep conditioning for the hair and scalp.

Frangipani Petal Warm Oil Massage Relaxing 60 minutes

Warm oil and fresh frangipani petals are used in a soothing massage with applications of gentle pressure using palm techniques and flowing strokes to induce deep relaxation.

Deep Tissue Massage Energizing 60 minutes

Your therapist will select aromatic oil according to your concerns, be it muscle pain, stress relief, relaxation or balance. The flowing massage works deeper into the tension, encouraging optimum circulation.

Balinese Massage Relaxing 60 minutes

This traditional Balinese therapy employs age-old techniques including stretching, long strokes, skin rolling and firm applications of pressure to release tension and enhance flexibility. By incorporating aromatic oil, you will experience a surge in energy.

MASSAGES

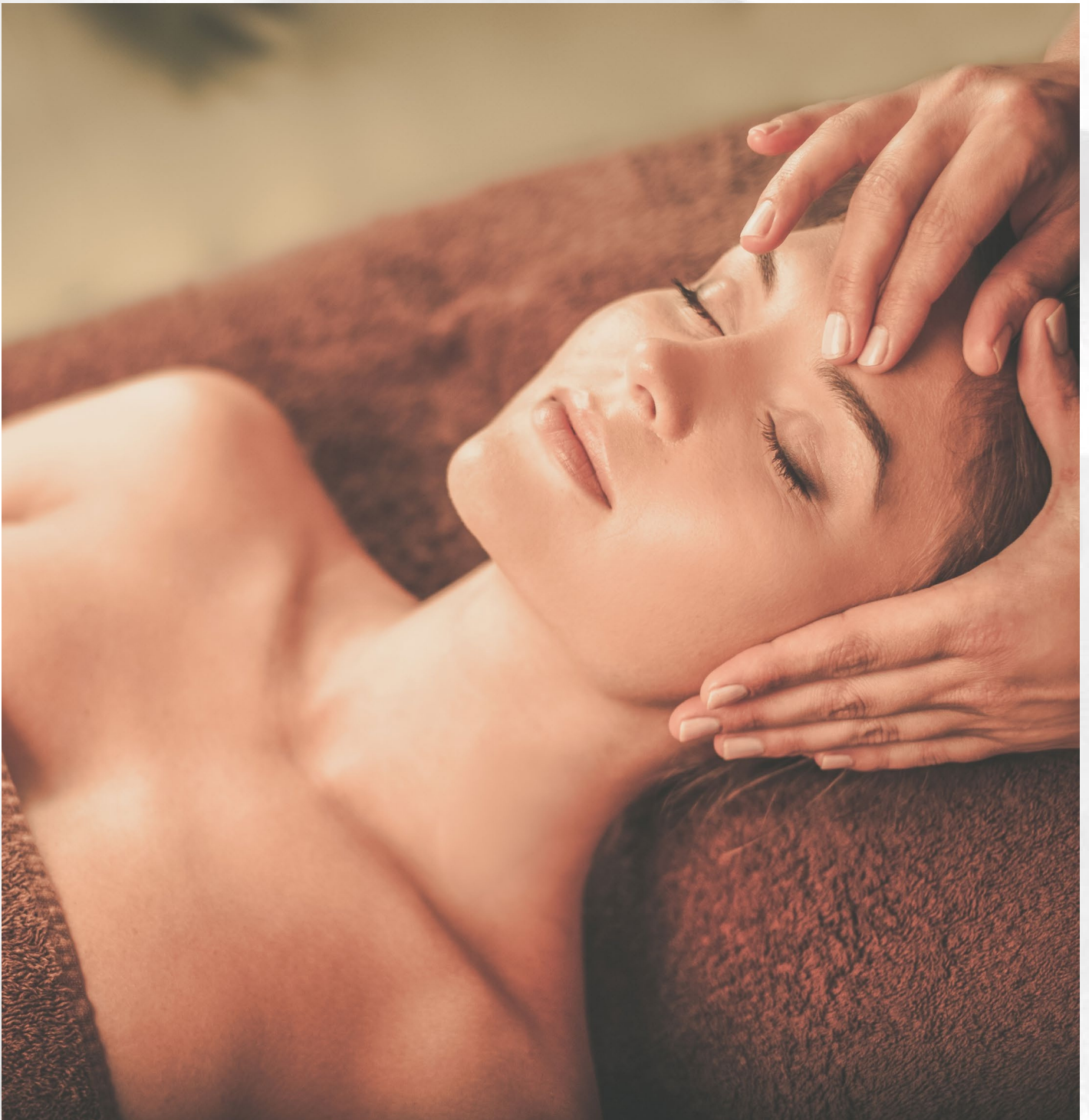
Peaceful Pregnancy Massage **Relaxing** 60 minutes An essential massage designed to care for pregnant women. As you lie on your side supported by a body pillow, gentle massage techniques and stretches knead away tension and fatigue.

Anti-Stress Back Massage **Relaxing** 60 minutes

When all you need is a quick dose of tension-relief, this is the remedy. Deep thumb pressure and smooth massage movements on the back will help relieve muscle tension and encourage relaxation.

Asian Foot Massage **Stimulating** 60 minutes

Treatment that concentrates on reflex areas in the feet that correspond to particular area of the body, stimulating and improving your overall physical and mental wellbeing.



BODY WORKS

Rich in natural antioxidant vitamins and essential oil blends, our body treatments detoxify, stimulate, and restore your glow.

Exfoliate

Javanese Lulur Scrub **Rejuvenating** 60 minutes

Reveal the secret of Asia's whitening body scrub. Originating from the royal palaces of Java, this exotic scrub contains a blend of turmeric, sandalwoods and spices, and is followed by a soothing yogurt splash.

Coconut Scrub **Moisturizing** 60 minutes

Savor the rich, natural goodness of this delightful body scrub as it combines the exfoliating properties of coconut meat with brown sugar to tighten your pores. The extra virgin coconut oil is then applied for its powerful moisturizing properties. A healthy dose of lemon rind and citrus oil deeply cleanse the body for luscious looking skin.

Coffee Scrub **Anti-Cellulite** 60 minutes

"Coffee is the answer, who cares what the question is." This aromatic and decadent body scrub combines the gentle exfoliation and reduce visibility of cellulite through coffee. Packed with anti-oxidants, it is sure to leave your body smooth and healthy looking.

Envelopment

Aloe Vera Wrap **Sun Healer** 60 minutes

Calm and soothe your skin with mask rich in cooling aloe vera, nature's most potent healing herb. This wonderfully cooling body mask will leave your skin cool, while a scalp massage will sooth your mind. It is recommended for those with problem skin, sunburn or very sensitive skin.

Clay Mask **Nourishing** 60 minutes

This aromatic body mask absorbs excess oil and extracts impurities from the skin. The unique blend of Clay has a rejuvenating and deeply cleansing effect on the skin. Brightens and evens the skin tone.

Green Tea **Detox** 60 minutes

Body mask made from powerful herb that has many antioxidants. Promote healthy skin and natural beauty. It best aids helping to remove toxins as well as tone your skin.

ENHANCEMENT

Natural Refresher Facial 30 minutes This introductory facial provides a quick and instant pick-me-up for any occasion.

Foot Massage 30 minutes

Massage inspired by reflexology technique to release tension in the feet and leg, while stimulating the body's natural recovery process.

Back Massage 30 minutes

For those who are short on time, these massage focuses on back, neck and shoulder to provide quick stress relief.

Head Massage 30 minutes

This shoulder, neck, upper back, arm and scalp massage is based on the ancient healing system of Ayurveda. Warm coconut oil used on the scalp, for scalp and hair care as well as complete relaxation.

HAIR

Wash & Blow Dry

Ladies Hair Cut, Wash & Blow Dry

Ladies Hair Cut

Men's Hair Cut

Hair Style & Make-up

NAILS

Intensive treatments to rejuvenate overworked hands and feet.

Executive

75 minutes

Complete nail treatment including exfoliation, hydrating masque and shooting neck and shoulder massage.

Basic

30 minutes

Includes shape, soak, cuticle conditioning and filing, without nail polish.

Nail polish

30 minutes

PRICES

SPA FOR TWO

Chocolate Delight	145 minutes	\$512.68 per couple
Romance at Olhuveli	145 minutes	\$512.68 per couple
Re-alignment Package	150 minutes	\$512.68 per couple

AYURVEDA TREATMENTS

Detox Massage	60 minutes	\$222.67 per person
Shirodhara	60 minutes	\$243.40 per person
Abhyanga	60 minutes	\$222.67 per person
Marma Massage	60 minutes	\$222.67 per person
Kativasti Massage	60 minutes	\$243.40 per person

MASSAGES

Sun Signature Massage <i>Relaxing</i>	90 minutes	\$222.67 per person
Seashell Massage <i>Energizing</i>	90 minutes	\$222.67 per person
Warm Stone Massage <i>Balancing</i>	90 minutes	\$222.67 per person
Thai Massage <i>Stimulating</i>	90 minutes	\$222.67 per person
Warm Bamboo Massage <i>Relaxing</i>	90 minutes	\$222.67 per person
Thai Herbal Poultice <i>Detoxifying</i>	90 minutes	\$222.67 per person
Crown Chakra Scalp Therapy <i>Relaxing</i>	60 minutes	\$160.53 per person
Frangipani Petal Warm Oil Massage <i>Relaxing</i>	60 minutes	\$160.53 per person
Deep Tissue Massage <i>Energizing</i>	60 minutes	\$160.53 per person
Balinese Massage <i>Relaxing</i>	60 minutes	\$160.53 per person
Peaceful Pregnancy Massage <i>Relaxing</i>	60 minutes	\$160.53 per person
Anti-Stress Back Massage <i>Relaxing</i>	60 minutes	\$160.53 per person
Asian Foot Massage <i>Stimulating</i>	60 minutes	\$160.53 per person

All prices are in US Dollars, includes 10% service charge and applicable taxes.

PRICES

BODY EXFOLIATE

Javanese Lulur Scrub <i>Rejuvenating</i>	60 minutes	\$154.32 per person
Coconut Scrub <i>Moisturizing</i>	60 minutes	\$154.32 per person
Crushed Coffee & Vanilla Scrub	60 minutes	\$154.32 per person

BODY ENVELOPMENT

Aloe Vera Wrap Sun Healer	60 minutes	\$154.32 per person
Clay Mask Nourishing	60 minutes	\$154.32 per person
Green Tea Detox	60 minutes	\$154.32 per person

ENHANCEMENT

Natural Refresher Facial	30 minutes	\$85 per person
Foot Massage	30 minutes	\$85 per person
Back Massage	30 minutes	\$85 per person
Head Massage	30 minutes	\$85 per person

HAIR

Wash & Blow Dry		\$65 per person
Ladies Hair Cut, Wash & Blow Dry		\$113.93 per person
Ladies Hair Cut		\$70.42 per person
Men's Hair Cut		\$51.78 per person
Hair Style & Make-up		\$153.29 per person

NAILS

Executive	75 minutes	\$101.51 per person
Basic	30 minutes	\$56.96 per person
Nail polish	30 minutes	\$56.96 per person

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