



BRENNIA

*Koffefarm*

Spa Menu

# MASSAGES AROUND THE WORLD

## ... (single massage) ...

1. TRADITIONAL BALINESE MASSAGE (60 minute) \$ 110  
An old technique of massage that already used for many centuries in Bali, Indonesia. created too stimulating the flow of blood circulation, oxygen and positive energy around your body and bring the sense of wellbeing, calm and deep relaxation.
2. AROMATHERAPY MASSAGE (60 minute) \$ 140  
A very deep relaxation massage using a special fragrance. a personalized blend with massage oil that help to bring up your mood. feelings and physical needs.
3. SWEDDISH MASSAGE \$ 110  
A medium too strong pressure and relaxing massage, manipulation of the superficial layers of the muscle against the bones it relaxes the body, increase the blood circulation removes metabolic waste products.
4. A CLASSIC THAI MASSAGE (60 minute) \$ 160  
An old technique that have been develop by Buddhist monks in Thailand 2.500 years ago. A traditional healing massage combining acupressure and stretching technique to relax the whole body.
5. HOT STONE (60 minute) \$ 160  
A specialist massage that uses smooth, flat, heated basalt stones that are positioned along your spine, in the palms of your hands and along your legs. typically, from river beds, basalt stones are used for massage as they have rich iron content that retains heat
6. BRENNIA STRESS RELIEVER (45 minute) \$ 95  
A classic Balinese massage combine with warmed herbal poultice. focusing more on lower back, shoulder and neck. This massage that helped to reduce the back pain, discomfort, sleep wronged positions and strains. using warm balm to help reduce the stiffness, inflammation and swelling.
7. ORIENTAL MASSAGE (60 minute) \$135  
A combination massage between Balinese, Thai and Shiatsu. therapeutic blend of free-flowing massage technique to experience the release of muscle tension, greater movement and renewed energy
8. MALDIVIAN MUSCLE EASE (60 minute) \$ 140  
An old style of Maldivian's body massage technique that's mainly used to treat musculoskeletal issues, such a strains and sports injuries. A deep stroke to targeting the inner layer of your muscle and connective tissues this massage helps to breakup scar tissue that forms following an injury, reduce the tension muscle and inflammation.

9. BAMBOO FUSHION MASSAGE

(75 minute) \$ 160

Originally from China and gaining popularity in UK, this new therapy is wonderful to have if you like medium to hard pressure. It will leave you feeling relaxed, energized and with a sense that your muscles have been stretch. This treatment especially works well for runners and cyclists experiencing tightness in their legs, feet and IT band.

10. BACK, NECK & SHOULDER MASSAGE (30 minute)

\$70

Help alleviate the muscle spasms which occur when your rib or thoracic joints lose mobility, thereby helping those joints function better.

11. REFLEXIOLOGY (30 minute)

\$70

Reflexology is a treatment based on the principle that there are areas and points on the feet, hands, and ears that are connected through the nervous system to corresponding parts of the body.

12. BRENNIA SIGNATURE MASSAGE (60 minute)

\$140

This technique offers several potential health benefits: It induces deep relaxation, relieves stress and fatigue, boosts both emotional and physical well-being, assists alignment and postural integrity of the body, improves circulation of blood, lymph and stimulates

13. BRENNIA TWIN MASSAGE (70 minute)

\$210

Two therapists work on one client, often using synchronized moves. A four-hands massage can be like experiencing two full body massages at the same time. This massage helps to increased relaxation, synchronized body movements, the brain reacts differently compared to other massage types, improves blood circulation, reduces stress, more intense muscle shooting, ease muscle pain, sleep better.

14. SHIRODHARA MASSAGE (70 minute)

\$150

Shirodhara is a form of Ayurveda therapy that involves gently pouring liquids over the forehead and can be one of the steps involved in Panchakarma. The name comes from the Sanskrit words shiro (head) and dhara (flow).

15. ADD ON BLISS

(per 30 minute \$ 40)

You can design your own treatment. Add anything of the following 30 minute possibilities too any full body treatment.

15. ADD ON BLISS

(per 30 minute \$ 40)

You can design your own treatment. Add anything of the following 30 minute possibilities too any full body treatment.

# BODY SCRUB & BODY MASK

... (40 minute \$70) ...

## 16. PAPAYA MASK

(per 30 minute \$ 40)

Papaya is one of the magical fruit, rich of great minerals and vitamins can suits to all the skin type. Papaya contains with potassium can hydrate the skin and keep it from becoming dry and dull.

## 17. COCONUT MASK

(per 30 minute \$ 40)

Coconut is the Excellent Moisturizer for dry & dull skin. This mask highly effective in lightening your skin tone, reduce any signs of ageing such as dark spots, fine lines or wrinkles. Best choice to neutralized and glow your skin

## 18. CUCUMBER MASK

(per 30 minute \$ 40)

Cucumber are most well known as a natural ingredient to help reduces the swelling and puffiness, aids acne prone skin, helps combat premature aging, soothes irritation and provides a base for hydration.

## 19. COFFEE MASK

(per 30 minute \$ 40)

Coffee one of the best ingredients to help reducing the cellulite, help decrease the appearance of sun spots, redness and fine lines, reducing inflammation & hyperpigmentation.

## 20. TOMATO MASK

(per 30 minute \$ 40)

The acidity in tomato helps to get rid of dull, rough skin and promotes cellular renewal. As a natural astringent, tomato keeps the skin firm and helps diminish fine lines.

## 21. OATMEAL MASK

(per 30 minute \$ 40)

Oatmeal is containing with 18 amino acids which are essential to healthy skin. Oatmeal is humectant that it helps your skin retain moisturized, glowing and dewy appearance.

## 22. COCONUT SCRUB

(per 30 minute \$ 40)

Coconut scrub is anti-cellulite scrub, supports the natural chemical balance of the skin, soften the skin and helps alleviate dryness and flaking.

## 23. CARROT SCRUB

(per 30 minute \$ 40)

The minerals contained in carrots gives you healthy and glowing skin, prevents the premature skin ageing and wrinkling skin conditioning, promotes collagen production on skin surface, combats dry and sensitive skin.

## 24. PALM SUGAR SCRUB

(per 30 minute \$ 40)

Palm sugar nutrient rich, low glycemic crystalline and its completely natural. It has a number of minerals, vitamins, calcium, iron & Phyto nutrients including zinc & potassium.

#### 25. TURMERIC SCRUB

(per 30 minute \$ 40)

Turmeric is anti-bacterial and is super amazing for the skin. Natural anti oxidant as well as a natural bleaching agent. Slough off dead skin cells, leaves skin super smooth and soft, fixes uneven skin tone, reduce the cellulite and prevent acne and blemishes, erases scars and dark spots.

#### 26. GREEN TEA SCRUB

(per 30 minute \$ 40)

Green tea is well known for fights the premature aging by protecting and repair your dying skin cells. This anti-oxidant can combat signs of aging and make dull skin look healthier. The vitamin B2 can also keep your skin look youthful, has ability to maintain collagen levels which is can improve the firmness of your skin.

## FACIALS BY SHAHNAZ HUSAIN

... (40 minute \$80) ...

### ABOUT PRINCESS SHAHNAZ HUSAIN

SHAHNAZ HUSAIN is a name that has become synonymous with the most advanced Ayurvedic care, not only in terms of highly exclusive salon treatments, but also the legendary range of natural products. Founded on the principle of natural care and cure, THE SHAHNAZ HUSAIN GROUP offers the unique benefit of integrated system of salon care and product excellence.

As a response to precise and individual requirement, the group offers wide and varied ranges, specially designed to provides ideal skin, hair and body care. Not only for protection and maintenance, but to create the perfect environment for the good health of the skin and hair. Derived from the pure plant ingredients, the product allows the selection of all the products required for a total skin, hair and body care routine.

Today, the SHAHNAZ HUSAIN GROUP has acquired a global presence and has become a hallmark of safety, efficacy, and quality. Their sophisticated and innovative ranges are the result of years of analysis and intensive research into plant products. With an excellent track record of 39 years, SHAHNAZ HUSAIN products have been tested by the most exacting test of all. . . .they have been tested by .time!!!

#### 27. HYDRA NATURE (NORMAL TO DRY SKIN TYPE)

(per 40 minute \$ 80)

Fall in love with your skin again as this soothing and hydrating facial brings your natural beauty to full bloom. The best facial designed for environmental defense.

#### 28. NUTRIENT NATURE (ALL SKIN TYPE)

(per 40 minute \$ 80)

This facial addresses the manifestations of dehydration in the skin by combining a moisturizing booster intensive treatment and the technology of two hyaluronic acids.

#### 29. CALMING NATURE (ACNE PRONE & SENSITIVE SKIN TYPE)

(per 40 minute \$ 80)

The acne facial is an alternative treatment designed to treat the root cause of acne with minimal side effects. Acne facials focus primarily on extractions for blocked pores. The extraction process releases any excess build-up of oil and cleans out dirt that might be clogging up your pores.

### 30. GENTLEMEN NATURE

(per 40 minute \$ 80)

The gentleman's facial is geared for the specific needs that men have. A customized treatment includes deep pore cleansing, hot towels, exfoliation, a customized mask, and hydrating moisturizer.

## PIGGY PAINT

Piggy Paint nail polish is Non-toxic, Virtually Odorless, and Safe for all ages (even the tiniest of piggies)! This water-based formula comes in a rainbow of fun shades that are Cruelty-free, Vegan, & Made in the USA. Piggy Paint allows health-conscious women to have a worry-free manicure. This advanced water-based formula is virtually odorless, cruelty-free, & vegan.

Piggy Paint nail polish is a good choice for your little one. It's water-based and 100 percent chemical-free, so it's safe to use, even for babies. The polish is made in the U.S. and comes in different colors, with four in a pack

Adult nail polishes may contain things such as formaldehyde and phthalates, which are toxic if they're ingested. "It's an issue if the child sucks on her fingers or eats the polish. Adults typically won't do this," says cosmetic chemist Joe Cincotta. (Nail biters take note!) While a lot of major brands have removed these chemicals from their formulas, if you do plan to apply nail polish to a child's fingers or toes, consider choosing a water-based formula like the ones from Sun coat Girl (will the gender stereotyping never end!?) or Priti NYC. "These are non-toxic and have low odor, and are very suitable for children to apply themselves," says cosmetic chemist Jim Hammer. They are also easy to clean up if they spill. They won't last as long as other polishes—they peel off if you soak your hands in water—but that may not be a problem for a kid who wants to experiment with different colors.

THIS PRODUCT IS ALSO SAFE FOR PREGNANT WOMAN AND FRIGILE NAILS

We brought one of the best luxurious brands for our beloved customer!  
Pampering and makes your nails pretty and healthy with us  
Enjoy our collections

## NAILS AND SALON

### Feet & Nails

#### 31. DELUXE PEDICURE (60 minute)

\$70

Pamper your feet with classic pedicure, remove the unwanted dry skin, cuticle and nail trimming and exfoliation. completed by foot massage with peppermint lotion to leave your revitalized and hydrated. Normal color application is included

#### 32. DELUXE MANICURE (60 minute)

\$65

Luxurious conditioning care for elements of a traditional manicure. soft and smooth and nails beauty nourishing hand-arm massage to nourish the skin.

33. EXPRESS PEDICURE (25 minute)

\$45

An express pedicure covers the essentials with file, shape, buff and polish. If you're short on time but are desperate for a tidy up and polish, an express pedicure is idea

34. EXPRESS MANICURE (25 minute)

\$45

Express manicure is fast treatment. as it is just mainly buff, file and one-color coat. Basically, it's like doing your own nails at home but more professionally done

35. FILE AND POLISH (25 minute)

\$35

Especially designed as a quick beautifying ritual for your hands or feet so let our therapist fix your old polish and chipped nail

36. SOLE 2 SOLE (45 minute)

\$40

Special treatment designed to deep exfoliating, moisturizing and shooting the cracked heel. Using a special formula heel balm to soften and makes your feet healthy looked

O.P.I NAIL GEL (+30 minute):

+ \$20

PIGGY PAINT HYPO-ALLERGENIC NAIL COLOR (water based, less chemical odor, non- toxic and suitable for pregnancy and kids

+ \$5

FRENCH NAIL COLOR STYLE

+ \$5

## HAIR STYLE

37. CLASSIC HAIR BRAIDING (PER 2 LINES)

\$20

Approximately time for full head is 90 Minute depends on the style

38. CLASSIC HAIR STYLE (60 minute)

\$30

A simple party and pre wedding hair style to makes your special moment becoming Unforgettable

## HAIR TREATMENT

39. (SHAMPOO + CONDITIONER + DEEP MASK + SERUM)

- DAMAGED HAIR

- ANTI HAIR-LOSS

- DEEP NOURISHED FOR THE COLORED HAIR

- Short Length

- Medium Length

- Long Length

\$50

\$65

\$75

40. COCONUT HAIR TREATMENT (50 minute)

\$65

A relaxing treatment using a pure coconut oil infused with rosemary combine with gentle Indian head massage, smoothie the hair with coconut conditioner and fresh grounded coconut milk mask for the healthy and shiny result

# WAXING (by RICA WAX)

## ABOUT RICA WAX

Rica is an Italian cosmetic company operating in the Haircare and Body care industry since 1994 and present in more than 60 countries worldwide.

RICA manufactures Responsibly natural treatments that enhance the beauty of body and mind. We produce haircare and body care products using the natural resources of Sicily and its volcano Mt. Etna.

The waxing has to be a wellness experience. We offer a wide range of products specifically designed for skin treatment pre and after waxing

We believe there is no responsible alternative to doing business other than through the pursuit of Environmental sustainability and this belief guides every decision we make. Rica has thought to every skin need, and has identify a wax for every skin type.

CHOOSE YOUR WAX BY SKIN TYPE

-Mustache	\$25
-Eye brow	\$25
-Armpit	\$40
-Bikini lines	\$50
-Half leg	\$60
-Full leg	\$80
Additional for Men:	
-Chest	\$60
-Abdomen	\$60
-Half back	\$60
-Full back	\$85

41. MAKE UP (by MAC) \$90

## BRENNIA TRANQUILITY EXPERIENCE

### (PACKAGES)

42. HIM & HER (60 MINUTE)

Romantic indulgence! enjoy your romantic time together immersed with the aroma of essential oil and indulge in a restoring & calming aroma therapy massage

\$ 220 for couple

The treatment is available from 5-7 PM



43. FULLMOON MAGIC (100 minute)

\$ 280

An enchanting ritual to share with your loved one captivates all of your senses, alleviates any tensions and connects you to the vital powers

- Your choice body massage for 50 minutes
- Mediterranean Sea salt scrub
- Indian head massage (using coconut oil infused with rosemary)

44. HONEYMOON RETREAT (120 minute)

\$ 200

Embrace this defining body ritual in a romantic setting with your loved one, after our signature foot bath.

- For Her: a choice of Balinese or Aromatherapy Massages, Papaya Body Polish and classic facial with the freshly prepared coconut shredded and coconut Milk (freshly shredded coconut combine with few of Shahnaz Husain product)

-For Him: a choice of Maldivian Muscle Ease and Brennia Stress Reliever massage. Coffee Body scrub and gentlemen facial (product by Shahnaz Husain)

45. SUNBURN ESCAPE (75 minute)

\$ 140

A cooling treatment after having extreme sun exposure, help to reduce the redness, burn sensation, swollen and flakey skin pilled. This treatment was designed to calming the skin, restore, and improved the skin regenerations

- Fresh Cucumber & oatmeal body wrap
- After sun facial using Shanaz Husain product

46. BEAUTY OF SERENITY (75 minute)

\$ 200

- Express pedicure
- Express manicure
- Foot Spa (foot scrub, express massage and foot mask)

47. SLIMMING TREATMENT (90 minute)

\$180

A special massage signature makes use of a high-end device that reactivates the fat release process in order to eliminate localized fat as well as body imperfections resulting in a better figure that is firmer and younger looking. This treatment was designed to shrink inches, reduce cellulite and detoxifying. Combination between slimming massage technique, slimming body wrap

48. SCHEDULED YOUR OWN SANCTUARY!

(3 days' packages)

Create your own sanctuary in our beautiful Land Spa due your long term stayed

- Brennia 1

(\$250)

Day 1: 60-minute body massage (choices between Balinese, Swedish or Stress reliever)

Day 2: body scrub & natural body polish

Day 3: classic pedicure & classic manicure with normal polish

- Brennia 2

(\$250)

Day 1: 75-minute body massage (all varieties)

Day 2: a classic foot massage for 30 minute & sole 2 sole

Day 3: mini facial using Shahnaz Husain



- Brennia 3

Day 1: 60-minute stress reliever massage

Day 2: express Sunburnt Escape (facial using natural ingredients)

Day 3: express hair spa

(\$250)

49. EXOTIC BLACK BORNEO (90 minute)

Proudly we present the ancient and traditional treatment from Borneo Island that now known as "Kalimantan Island".

\$220

50. JAVANESE ROYAL HERITAGE (90 minute)

Traditional spa from Java Island are scrub that make from rice flour mixture with kencur (*Kaempferia galanga*) and some other herbs that are clearly native from Indonesia.

\$220

51. JAVA ENCHANTING RITUAL (90 minute)

Traditional Javanese culture that was using from generation to generation has utilized the banana leaf as an integral part of village life. Banana leaf contain large amounts and very strong of polyphenol that also found in Green Tea as anti-oxidant. Best choices for revitalized and soften the dry and dull skin.

\$250



