

EAT WELL MENU FOR KIDS

At Westin, we believe that eating well isn't just for grownups. That's why we've teamed up with SuperChefs™, a group of doctors, dentists and dietitians dedicated to helping kids eat smart. These special kid-friendly meals are as delicious as they are nutritious, making the whole family happy.

BREAKFAST [07:00AM] to [10:30AM]

PEANUT BUTTER AND BANANA SANDWICH USD 8.00
Served on whole-wheat bread with seasonal fruit

CEREAL *gf* USD 6.00
Honey loops, frosted flakes, granola, gluten free, choccos, milk

PANCAKE USD 7.50
Banana, seasonal berries, pancake, low-fat yoghurt, fruit salad, syrup

LUNCH OR DINNER [11:00AM] to [11:00PM]

HUMMUS WRAP USD 10.00
Whole wheat wrap, lettuce, red bell pepper, cucumber

CHICKEN WRAP USD 10.00
Carrots, cucumber, bell-pepper, avocado

SPAGHETTI & MEATBALLS USD 15.00
Turkey meatballs, tomato sauce, broccoli, carrots

PITA CHIPS & VEGETABLE USD 12.00
Hummus, low-fat yoghurt dip

SALMON WITH SOBA NOODLES USD 18.00
Asian style baked salmon, fresh ginger, carrots, red peppers, onion, sesame seeds

CHICKEN NOODLE SOUP USD 8.00
Fresh garden vegetables, thin whole-wheat pasta

DRINKS

PINEAPPLE STRAWBERRY SMOOTHIE USD 10.00
Pineapple, strawberries, honey with low fat milk

FRUIT SMOOTHIE USD 10.00
Strawberries, blueberries and banana blended with orange juice and honey

DESSERTS

FRUIT SALAD *gf* USD 15.00
Cored apple filled with fresh fruit

ROASTED PINEAPPLE USD 15.00
Crème fraîche & pistachios



OUR SOURCING PROMISE
We actively seek out suppliers we trust, to source ethical, sustainable and organic ingredients wherever possible.

gf Gluten Free Contains Nut

FIND THE HEALTHY FOODS HIDDEN IN THE PICTURE, OR COLOR IN YOUR FAVORITE PLANTS AND ANIMALS.



APPLE



ONION



AVOCADO



CHERRIES



LEMON



GRAPES



BROCCOLI



CABBAGE