



SUN SPA

By Institut Esthederm, Paris



Indulge in complete relaxation while you celebrate summer. Whether you're looking to recharge, unwind or spend quality time with the people you love, we look forward to helping you put your mind at rest for a blissful experience.

Our skincare products and treatments focus on sun protection, hydration and cell regeneration. Designed to help the skin to gradually adapt to the sun and protect itself allowing you to unwind in the pristine beaches and crystal clear tropical waters of the Maldives.

At Sun Spa, we believe that a healthy body needs a healthy mind to refresh your spirit and our treatments allow you to enjoy exactly that.

Arrival Time

Please arrive at the Spa Reception 20-minutes prior to your scheduled appointment. Arriving late will reduce the treatment time to respect other guests.

Cancellation Policy

Treatment room and therapist are especially reserved for you, therefore if you cancel your appointment less than 4-hours before appointment time, a cancellation fee of 50% of the reserved treatment price will incur. Full charge will apply for last minute cancellation and no-show.

Payment Method

The Spa only accepts payment through room charge. Payment with cash or credit card will not be acceptable.

Refund Policy

Spa treatments are non-refundable, non-transferable and non-exchangeable unless otherwise stated

Spa Protocol

To keep the ambience and respect other guests at the Spa, kindly turn mobile phones and other electronic devices to silent mode and any noise to be kept to a minimum. Younger guest under 16 years old should be attended by legal guardian who are requested to assist in keeping the serenity. Spa is a non-smoking area and no alcohol beverage is allowed at the Spa.

Kids' Spa

Spa treatments are available for younger guests from 6 -14 years of age.

Health Conditions

Before taking any Spa treatments, please consult with your health practitioner if you have any medical conditions which may be contra-indicative to our treatments. Guests are required to fill in a Consultation Form before treatment to assist in providing more information to enable guest in obtaining maximum benefit of their treatment.

Contact Lenses

It is recommended to remove the contact lenses for a facial treatment. Kindly bring your own contact lenses case and solution.

Jewellery and Valuables

It is not recommended to wear jewellery during your Spa treatment. Jewellery and valuables can be kept in the jewellery box available in the treatment room during treatment. The Management does not accept responsibility for the loss of any jewellery and/or valuables brought into the Spa.

Accidents and Injuries

The Spa, its staff, management, affiliations and owning company will not be liable for any injury or damage suffered at the Spa by an individual guest and/or guest's family members.



Sun Spa signatures – Sun Therapy by Esthederm

Exclusively by Institut Esthederm Paris, the Sun Therapy provides a series of sublime pre- and post-therapies for a beautifully intense tan that lasts for a long time.

Pre-Sun ritual

Sun-Expose

A must-have therapy in preparation to sun exposure that begins with a gentle exfoliation and a moisturiser to protect your skin from aging and dehydration.

90 minutes - 130

Bronz-Impulse

Unique therapy to gently adapt your skin to sun exposure, resulting in a more intense tan.

90 minutes - 130

Instant -Sublimation

The high-nutrition tanning activator therapy triggers and accelerates the natural tanning mechanism. Limited exposure of 20 minutes.

20 minutes - 60

Post-Sun ritual

Detox & Hydrate

Hydrating and detoxifying treatment to smoothen and protect the skin from after-sun exposure.

90 minutes - 160

Lasting Impression

This is an ideal treatment for a radiant and long-lasting tan. Add gentle exfoliation to help revive the colour and brightness of your tan.

90 minutes - 160

Soothe & Rescue

A special sunburn ultra-hydrating treatment that immediately soothes and repairs overexposed skin.

90 minutes - 125

Self-Tanning

Gentle Sun

Self-tanning therapy that recreates the perfect illusion of a beautiful natural tan without the sun.

90 minutes - 140

Sun Spa – Healing Paradise

Harnessing the benefits of healing elements from mother earth for holistic therapies to soothe the mind, invigorate the body and uplift the spirit !

Healing Body Glow

A gentle exfoliation to hydrate and replenish the skin with the following choices:

- Hydrating Kalahari Melon
- Detoxing Mongongo Nut
- Anti-Cellulite Coffee, Cinnamon and Orange

45 minutes - 80

Healing Body Wrap

Specifically formulated to counteract premature aging and sun-damage with wrinkle-smoothing effect; it is enriched with a nourishing clay mask.

60 minutes - 110



Sun Spa – Massage Selections

'The Art of Touch' – one of the oldest and simplest forms of communication, massage has evolved into a respected form of healing. Experience tranquility and regeneration as thousands of touch receptors awaken, unravelling and providing nurturing sensations throughout your tense body.

Island Symphony

Inspired by the gentle waves that ceaselessly captivate the imagination, our Island Symphony was created. Two spa artisans will perform gracefully choreographed movements in perfect synchronisation. This signature massage lulls you into a deep state of relaxation through rhythmic technique and precision to engage all of your senses and mesmerise you holistically.

90 minutes - 160

Age-Defying

Nourish, replenish and stop the first signs of aging with Pinotage anti-oxidant massage oil that contains resveratrol from grape seed extracts. This vitamin-rich infusion is also beneficial in brightening the complexion, softening the skin and repairing skin cells. It deeply hydrates to reveal a youthful glow.

60 minutes - 120

Sea of Serenity

Surrender yourself into relaxation and tranquillity with our treatment that incorporates movements replicating soothing waves. Inhale deeply.

60 minutes - 100

Thai Massage

An ancient massage technique handed down through generations for centuries. Pressure techniques along the body's energy lines are combined with muscle stretching to alleviate tension and stiffness, leaving you refreshed and rejuvenated.

60 minutes - 100

Aromatherapy

A calming massage to ease tension, alleviate stress and lull you into an aromatic repose.

60 minutes - 100

Deep Tissue

This massage is designed for maximum therapeutic results using moderate to deep pressure to treat specific muscle groups. The technique helps release muscle spasms and tension and mitigates repetitive stress syndrome.

60 minutes - 100

Cleanse & Detox

Uses lymphatic drainage technique to facilitate the detoxifying process and reduce water retention.

60 minutes - 100



Sun Spa – Facial Selections

In a culture where facial beauty is highly regarded, it is not surprising that our skin reveals an accurate description of our body's deeper level of well-being. Allow our Sun Spa artisan to assess and personalise a vitamin-infused and anti-oxidant-filled beauty ritual for you.

Bronz Repair Anti-Wrinkle by Esthederm

This programme is ideal for tanning while protecting sun-exposed areas such as the face and décolleté, which are highly vulnerable to photo aging (loss of firmness and elasticity, more frequent sunburn, rapid formation of pigmentation spots). It will act like a solar vaccine that helps trigger and promote natural and fast tanning as well as strengthens the skin's defences. Enjoy the benefits of the sun, wrinkle-free!

60 minutes - 155

Adaptasun Sensitive by Esthederm

Designed for fair-sensitive skin that burns easily, this programme is ideal for tanning without burning in the most extreme sun conditions. Provides perfect comfort during exposure.

60 minutes - 120

Photo-Reverse by Esthederm

This programme includes the first ultra-high protective anti-spot sunscreen that uses the sun to help reverse the skin pigmentation process. This advance photo-therapy inhibits the mediators of pigmentation, so people with dark spots and hyper-pigmented skin can spend time in the sun while gradually lightening their skin.

60 minutes- 180

Reviving Facial for Men

Specifically designed for men, it has nourishing ingredients to revive and restore the skin, rendering a clean, refreshed and healthy complexion.

90 minutes-135

Anti-Aging Facial

A revolutionary treatment using the latest in natural anti-ageing technology. The skin is firmed and rejuvenated using a unique tri-enzyme peptide formulation that deeply penetrates the epidermis without affecting its barrier function, visibly improving the signs of ageing. We use two specialised serums for healthy ageing - one for massage and the other to penetrate deeply into the epidermis to boost skin immunity from within.

90 minutes-165

Hydrating Facial

Traditional techniques are used to renew and refresh even the most lifeless skin. Powerful and active indigenous ingredients jasmine and baobab are designed to invigorate dull and dehydrated skin, leaving you feeling nourished, replenished and radiant. This facial includes deep cleansing, exfoliation, a mask as well as a booster for lymphatic drainage and healthy ageing. Application of a specialised serum as well as a day cream and SPF or night cream completes the treatment.

60 minutes - 120

Purifying Facial

Deeply rooted in ancient healing techniques, this treatment restores, purifies and revitalises the skin with the help of hot and cold crystals in conjunction with neroli and rose. This highly active facial helps regulate oil secretion and encourage healing.

60 minutes - 120

Radiance Glow

A unique Healing Earth aromatherapy formulation to relax, purify and hydrate. Pure extracts of marula and neroli are combined with a 100% rosehip booster and trademark facial massage to create ultimate radiance and glow.

60 minutes- 120



Sun Spa – Body Therapy Selections

A delightful selection of body therapies by Institut Esthederm that delivers unparalleled results to nourish, hydrate and rejuvenate the body.

Radiant Body Scrub by Esthederm

A deep-cleansing and nourishing body treatment that removes impurities. It starts with a pleasant full-body exfoliation as white tea is melted into soft microparticles in gel texture to guarantee a deeply calmed and detoxified result. Then, a rich palm and coconut oil balm is applied to leave your skin feeling soft as silk.

45 minutes - 70

White Clay Detoxifying Wrap

Rich minerals and trace elements are used to re-mineralise the body, rejuvenate the skin and remove toxins. This treatment will re-energise your body, calm your mind and leave your skin soft and smooth.

60 minutes - 90

Body Svelte by Esthederm

A body re-sculpting treatment that targets the causes of cellulite and provides rapid action as it works deep within the fat cells. The treatment includes local-manual anti-cellulite manoeuvres that help redefine the body contour. Products applied prevent fat re-storage, soothe orange peel and promote elimination of fat and water. They also reinforce the skin's vital functions and its cellular activity, thereby helping unveil a more slender figure with firmer and more elastic skin. Recommended to complement a weight management programme.

60 minutes - 140

At Sun Down

Sun Spa introduces sleep-inducing therapies which are available from sunset until the spa closes. Treatments range from gentle massages and calming mini-facials that incorporate neck, shoulder and head massage to lull you into a deep state of relaxation and evening repose. Calming and sleep-inducing essential oils such as Chamomile, Neroli, Marjoram and Vetiver are used to enhance the benefits.

Shimmering Candles

A unique therapy using a specially formulated candle that melts into a fragranced massage elixir of Lavender, Mandarin and Shea Butter which is lightly poured on your body. The essences are smoothed onto the skin, leaving it glowing, nourished and hydrated.

60 minutes - 140

Breathe Easy

A scalp and facial massage that helps clear the sinuses and eases headaches with refreshing eucalyptus, tea tree and pine essential oils.

30 minutes - 55

Sleep Deeply

This head-to-toe massage uses carefully applied pressure to induce a serious state of relaxation, leaving you prepared for a sound night's sleep.

60 minutes - 100



Kids' spa

Special treats for the little ones, just like what moms and dads get!

Gentle glow

A refreshing gentle scrub from the beauties & buddies series to energise the body and nourish the skin.

30 minutes - 45

Balancing facial

This gentle facial is enriched with neroli essence to balance oil secretion and infuse the skin with Fabulous soothing and hydrating benefits.

60 minutes- 45

Soft & tender

Gentle massage that is suitable for kids, providing a positive experience that is both nurturing and Anxiety-reducing. Other health benefits include stimulating motor and cognitive development and Improving the body's immune system.

60 minutes - 85

Sun sparkles

A collection of beauty rituals from nail treatments to depilatory and threading as final touch-ups at the end of your spa journey.

The nail bar

spa manicure
spa pedicure
french polish
Nail art

60 minutes - 75

60 minutes - 75

60 minutes - 75

90 minutes - 100

Depilatory

Brazilian, bikini line, underarm, legs, arms, back, chest, upper lips, chin.
(Duration of treatment might take 20 - 60 minutes depending on the request)

20 - 150

Sun Synergy

Our sun synergy packages are uniquely designed to spoil you with delightful combinations of our most sought-after treatments. Indulge yourself in this sublime experience!

Too Much Fun in the Sun by Esthederm

A delightful sun-butler service for your sun care, it is a mix of pre- and post-ritual with pool service in between for product reapplication to give you a long-lasting tropical glow!

240 minutes - 350

Save Me from the Sun by Esthederm

Combining soothing and calming therapies to counter the effect of long sun exposure, giving you instant relief and deep hydration.

150 minutes - 225

Body Makeover

Your first step to achieving your ideal figure, it seamlessly blends detoxifying and body remodelling therapies to eliminate toxins, reduce cellulite appearance and break down fat cells for a lighter, slimmer you.

90 minutes - 160

Pinotage Body Indulgence

The ultimate therapy for body anti-aging with vitamin and anti-oxidant infusion to boost skin cell renewal and promote a youthful appearance.

120 minutes - 180

Men's Cave

Specifically designed for men with energising deep-tissue massage and men's facial.

150 minutes - 205

The Island Hideaway

An unparalleled spa journey that begins with gentle body exfoliation, a synchronised massage and hydrating facial.

210 minutes - 295

Made to Measure

(Bespoke Package – upon consultation)

Speak to our Sun Concierge, tell us what you want, and we will customise a package for you. We fulfil your wish and go the extra mile to ensure an unforgettable experience at Sun Spa!

Customised