



SUN AQUA  
SPA

NATURALLY PLAYFUL

South Nilandhe Atoll Republic of Maldives  
T +960 676 0100 F +960 676 0200 E info.iruveli@sunaqua.com  
[www.sunaqua.com](http://www.sunaqua.com)

A SUN SIYAM RESORT

## BODY WORKS

Treatments start with honouring the feet followed by the body treatment of your choice. All natural ingredients are used to support the local business and farms by sourcing the ingredients within the country. Body Treatments may be done on their own, or added to any other spa service. Body Treatments are 50 minutes in duration.

### Moisturising Coco Body Scrub

\$ 85

Savour the rich, natural goodness of this delightful body scrub as it combines the exfoliating properties of coconut meat with brown sugar to tighten your pores. The extra virgin coconut oil is then applied for its powerful moisturising properties. A healthy dose of lemon rind and citrus oil deeply cleanse the body for luscious looking skin.

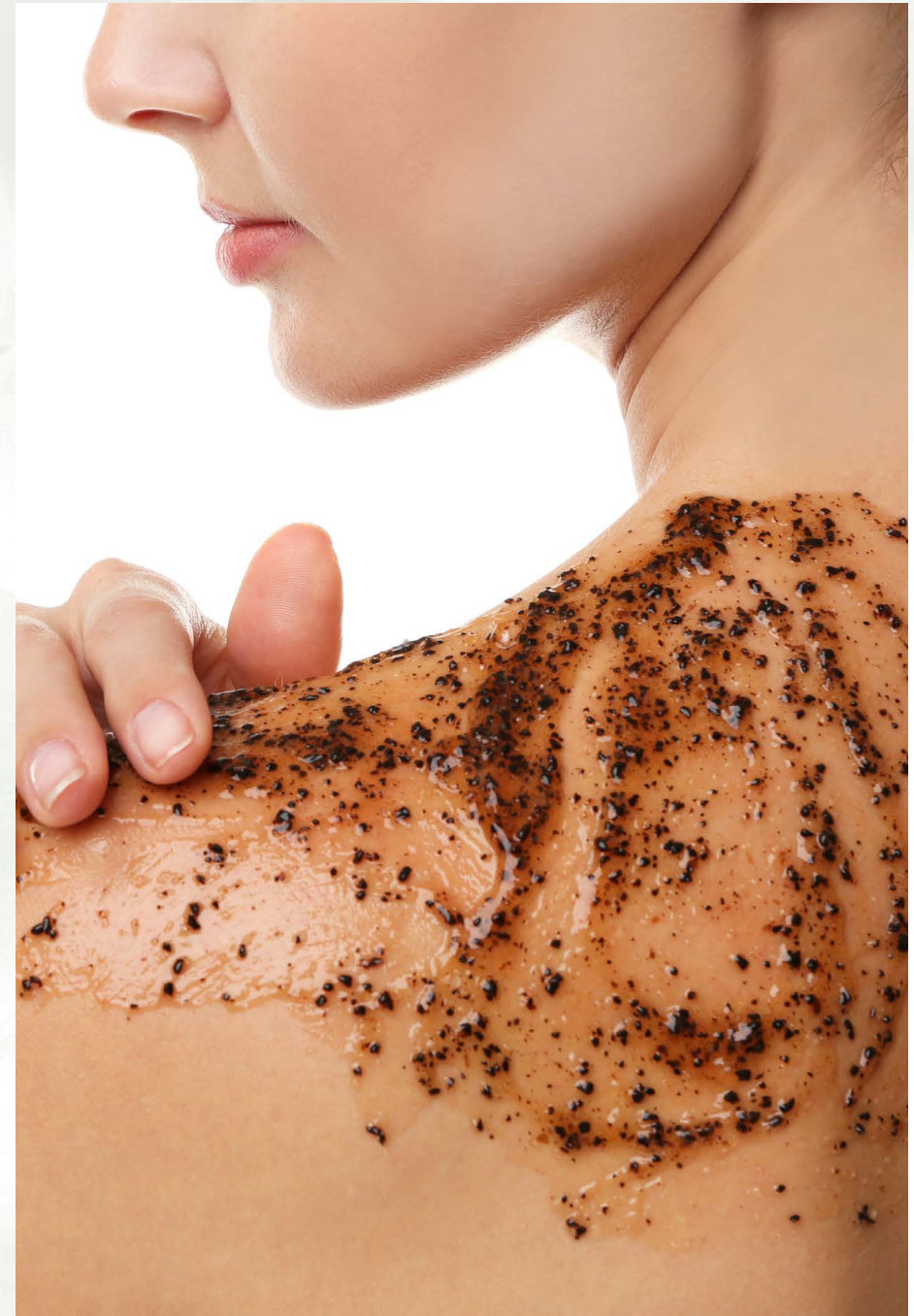
### Anti-Cellulite Coffee Scrub \$ 90

“Coffee is the answer, who cares what the question is.” This aromatic and decadent body scrub of coffee and brown sugar is used to reduce cellulite. Packed with anti-oxidants, it is sure to leave your body with smooth, healthy skin.

### Rejuvenating Javanese Lulur Scrub

\$ 90

Reveal the secret of Asia’s whitening body scrub. Originated from the royal palaces of Java, this exotic scrub contains a blend of turmeric, herbs and spices, and is followed by a soothing yogurt splash.



# MASSAGES

Asia's tradition of traditions, a masterpiece of unique and strong cultural identity of different Ancient massages. All massages can be booked for 60 minutes or 90 minutes and can be individual or combined as a package.

## Balinese Massage

**\$ 125**

60 minutes

Employing the principles of acupressure, cross fibre strokes, gentle stretches, and aromatherapy is used to stimulate the flow of blood and "qi" (energy) around your body. This treatment brings a sense of wellbeing, calm and deep relaxation.

## Thai Stretching Massage

**\$ 125**

60 minutes

Combination of firm and rhythmic pressure simultaneous to ones breathing stimulates the flow of energy along the body's pathways. This authentic Watpo Thai therapy will surely bring out the flexibility in you.

## Classical Western

**\$ 125**

60 minutes

This therapeutic massage is similar to Swedish massage, featuring strong kneading of the muscle tissue, getting deep into the muscle fibres. Firm strokes increase circulation and encourage the release of toxins, helping alleviate chronic muscle pain, tension and working out stubborn knots. We use our own specially formulated Uplifting oil with this massage to energize and revitalize.

## Clothing

Sun Aqua Spa provides bathrobes, slippers and disposable underwear for your personal use during your treatment. If you prefer, you can also wear your own bikini or underpants.

## Jewellery

Please leave your valuables in your suite, stored in the electronic safe provided. Sun Aqua Spa will not be liable to take responsibility for any loss or damage of personal articles or misplaced items while on the premises.

## Minimum Age

The recommended minimum age for spa treatments is 18 years. Minors under this age must be accompanied by a same gender parent or guardian who is also having a treatment in the same treatment room.

Sun Aqua Spa strives to maintain a calm, tranquil environment for all our guests, and children are not permitted in the Spa.

## Cancellation

For cancellations of confirmed bookings, please inform us at least 4 hours prior to the scheduled time. Notifications made within 4 hours of the confirmed schedule will incur a 50% cancellation charge.

## Prices

All prices are quoted in US Dollars and are subject to 10% service charge and applicable taxes.

## SPA ETIQUETTE

Sun Aqua Spa is a place of rebirth, purity and beauty. Please respect the privacy of other guests, therefore we request that you leave your mobile phone and other electronic devices in your guest suite. The spa does not assume liability for any valuables. To ensure relaxation for all of our guests, we kindly request that guests refrain from speaking loudly.

### Opening Hours

Sun Aqua Spa is open from 09.00 to 21.00 daily.

### Appointments

We accept walk-ins when possible, although we advise you to make an appointment in advance to avoid disappointment. You can make an appointment by visiting the spa or by calling us on extension "5".

### Arrival

To enjoy your spa journey, please be at the spa at least 15 minutes prior to your reservation. Please be aware that arriving late may result reduction on your treatment time. We will try to conduct your full treatment; however, treatment time may need to be shortened should there be another booking afterwards.

### Spa Recommendations

We recommend you not to sunbathe within two hours before or after your spa treatment - especially hair removal treatments and body scrubs.

Men booking for a facial treatment should shave at least five hours before their treatment for maximum benefit. Pregnant women and new mothers should consult our Resort Doctor prior to booking any treatment.

### Aroma

60 minutes

**\$ 125**

Sink into fragrant bliss with this relaxing aromatherapy massage. A variety of different massage techniques are used together with your choice of aromatic tranquil oil, designed to stimulate and awaken all five senses. Calm, rhythmic movements relax and harmonize the body systems, increasing blood circulation and soothing away any stress or anxiety.

### Deep Tissue Massage

60 minutes

**\$ 125**

Enter the full embrace of a therapeutic deep tissue massage. Steady, penetrating pressure is applied liberally to ease sore, fatigued muscles. An intense session followed by a warm glow.

### Hawaiian Lomi-lomi Massage

60 minutes

**\$ 125**

Characterized by the Huna's loving and nurturing approach, this massage brings the balance in physical, mental and spiritual dimensions. With long and gentle rhythmic strokes, this sensual massage will awaken your sense of well-being.

### Foot Reflexology

60 minutes

**\$ 125**

Reflexology is an ancient healing practice based on the principle that there are reflex points on the feet that correspond to the body's different organs and glands.