



BOULEVARD HOTEL

BAKU

AUTOGRAPH COLLECTION<sup>®</sup>  
HOTELS

## MASSAGE TREATMENTS

	MINUTES	PRICE (AZN)
<b>SWEDISH MASSAGE</b> A customized therapeutic massage using light to medium pressure to promote relaxation and well-being.	30 / 50 / 80	55 / 90 / 120
<b>RELAX MASSAGE</b> Feel stress melt away with this nurturing massage designed to induce full body relaxation. Leave feeling recharged and empowered.	30 / 50 / 80	55 / 90 / 120
<b>AROMATHERAPY MASSAGE</b> A selection of essential oil blends are applied to the body for their healing and soothing properties. Aromatherapy soothes the emotional as well as the physical body.	30 / 50 / 80	55 / 90 / 120
<b>PREGNANCY MASSAGE</b> A specialized massage to enhance body function, tone, and comfort while relieving mental and physical fatigue. A true experience for both mother and child. (Not recommended during 1st trimester)	50	90
<b>DEEP TISSUE MASSAGE</b> A more therapeutic massage that targets sore contracted muscles. Excellent for ridding your body of tension, releasing tightness and reducing muscle pain.	50 / 80	95 / 125
<b>RECOVERY MASSAGE</b> Restore balance with this treatment designed to work into the muscles and release tension. Your Therapist focuses on areas of muscle tension, instilling a deep sense of calm and balance.	50 / 80	95 / 125
<b>HOT STONE MASSAGE</b> Soothing Volcanic stones gently help to release pressure and tension from the body, restoring energy and vitality to your whole being.	50 / 80	95 / 125
<b>THAI MASSAGE</b> Techniques from Thailand gentle compressions combined with stretching (provided on futon, wear loose comfortable clothing).	50 / 80	95 / 125
<b>BALINESE MASSAGE</b> A full-body, deep-tissue, holistic treatment uses a combination of gentle stretches, acupressure, reflexology to stimulate the flow of blood and bring a sense of wellbeing. Balinese massage uses a variety of techniques.	50 / 80	95 / 125



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## EXPRESS PROCEDURES

	MINUTES	PRICE (AZN)
<b>FACE MASSAGE</b> A self-performed techniques that consist of stroking, pinching, rolling, squeezing and stimulating the soft tissues and muscles of the face. Used to relieve tension and control age-related phenomena.	25	45
<b>REFLEXOLOGY MASSAGE</b> Manipulation of nerves in the feet creates harmony and promotes optimal function of our body's major systems.	25	55
<b>SCALP / NECK &amp; SHOULDERS MASSAGE</b> A revitalizing massage encompassing the scalp, neck, and shoulder area to reduce stress related tension quickly.	25	55
<b>MINI FACIAL</b> Enjoy a thorough cleanse, mild exfoliation, and a customized specialty product application based upon your skins specific needs. The perfect addition to any massage or body treatment.	30	55
<b>EXPRESS FACIAL &amp; MASSAGE COMBO</b> 30 Minute Facial and 30 Minute Back & Neck massage.	60	100

## SPA FACIALS TREATMENT

	MINUTES	PRICE (AZN)
<b>BIOPTIC - EYE CONTOURING TREATMENT</b> Fight the changes of the eye contour: Wrinkles, bags, dark circles.	30	90
<b>EUROPEAN DEEP CLEANSING FACIAL</b>	60	100
<b>ENZYMATIC MULTI-ACTION PEELING TREATMENT</b> Microdermabrasion - Chemical Peeling - Enzymatic Peeling. Mechanical action, chemical action, biological action, revitalizing action, brightening action.	70	110
<b>HYDRA CLINIC - INTENSE HYDRO - NUTRITIVE TREATMENT</b> Acts on the natural mechanisms of skin hydration and increases water flow to ensure the skin on optimal hydration level.	70	110
<b>PRO-COSMETOGENIC SOLUTION FOR REACTIVE SKIN</b> Direct action on the genes involved in skin inflammation and cellular stress, Stimulation of endorphins.	70	110
<b>GENXSKIN - ANTI-AGING CONTROL TREATMENT</b> Cosmeto - genetic treatment, reactivation of 14 genes for a visible anti-aging effect in 14 days. Protection of the Extracellular Matrix, restores the beauty triangle.	70	110
<b>FRESH CAVIAR - ANTI-AGING TREATMENT</b> Fresh caviar extracts for a deep skin regeneration, fights against premature aging 3 main action: moisturizing, nourishing and firming.	70	110



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## BODY SCRUBS

Body scrub improve the circulation of blood and lymph to the surface of the skin, speed up the metabolism due to exfoliating effect and improve your skin tone.

	MINUTES	PRICE (AZN)
COFFEE SCRUB	35	65
COCONUT SCRUB	35	65
DETOX SCRUB	35	65
ALUME STONE SCRUB JASMIN	35	70
ALUM STONE SCRUB ORANGE	35	70

## BODY MASKS

	MINUTES	PRICE (AZN)
<b>CELLUTOX SAGE FUCUS BODY MASK</b> Antioxidant body treatment is deeply detoxifying, and also great for cellulite, it contains cellutox to help with the reduction, excellent as a part of a body cleansing program.	40	90
<b>MUSCLEASE SAGE FUCUS BODY MASK</b> This body mask increases the blood circulation in muscles to ease aches and pains and spasm. It firms, supports and repairs and also cleanses and refines the texture of the skin.	40	90
<b>TARGETED TONNING BODY MASK</b> A powerful blend of salts, minerals and seaweeds work together to target cellulite and poor skin tone on hips, thighs, abdomen and backs of arms.	40	90

## SPA RITUALS

	MINUTES	PRICE (AZN)
<b>VITALITY</b> Stimulate your mind and body with this splendid combination, Body Scrub-cleanses/moisturize and exfoliates the skin will followed by a Relaxation massage using "Aromatherapy oils".	90	140
<b>REJUVENATION</b> Enjoy complete rejuvenation with detoxifying effects of powerful combination of Detox Body Mask and Relaxation Massage using "Aromatherapy oils" to stimulate, energize and refresh both body and mind.	90	160
<b>SERENITY</b> This ritual will leave you feeling completely relaxed from head to toe, it is includes a full Body Massage (Aromatherapy/Relax/Swedish) and Facial Treatment (guest choice).	120	180