



Noku Spa offers crafted wellness journey through the power of therapeutic Asian touch. The ancient traditions inspired us to delivered finest experience of healing and relaxation. Immerse in the unique blend of nature's purest ingredients to restore and nourish your body, mind and soul. Noku Spa treatments are specially tailored to ensure you return to physical and emotional equilibrium

## NOKU Maldives

Kudafunafaru • Noonu Atoll • Republic of Maldives  
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## Noku Signature

### Noku Couple Retreat

150 Minutes

US\$ 555 per couple

Celebrate fascinating journey with your companion in our private suites with pool. The journey will start with aromatherapy foot rituals followed with sensual sandalwood rose body polish and zing into passionate bath with purifying refreshment. Signature massage then performed for your total relaxation with face cleansing to leave you refresh and rejuvenate.

### Noku Signature Rituals

120 Minutes

US\$ 265 per person

A signature ritual has been perfectly crafted around our Asian concept. This beautiful treatment will begin with aroma foot rituals which involve water as it's one of healing element of nature. Followed by body cocoon therapy and signature massage which tailored special for your therapeutic needs and end with heavenly head and scalp massage.

### Noku Signature Massage

90 Minutes

US\$ 185 per person

Based on philosophy of Asian concept, your treatment will be customizing to suit your unique therapeutic needs. A combination of India, Japanese and Bali technique will maintain physical, mental and emotional well-being

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## Body Therapy Rituals

### Energy Booster

120 Minutes

US\$ 245 per person

Combination of body exfoliation and aromatherapy massage to restore your equilibrium and awaken your senses. An energizing body exfoliation will start the treatment followed by relaxing body massage. Foot remedy then performed to increase energy level of the body.

### Stress Reliever

120 Minutes

US\$ 245 per person

Experience the power of blissful treatment which melt away daily stress of life and bring it back to harmonious balanced. Enjoy moisturizing body exfoliation to remove dead skin followed by relaxing massage with range of aromatic oils. Complete the experience with hydrating facial for best result of your treatment.

### Sun Cooling Therapy

120 Minutes

US\$ 245 per person

To soothe the sun kissed skin, this cooling therapy is the finest way to experience the soothing power of nature. Lavender body compress and nourishing fresh cucumber will help to soothe your skin whilst blissful foot remedy is performed by our professional therapist. Soak in luxurious infuse bath and the rituals will end by application of aloe cooling gel and scalp massage.

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## Detox Therapy

120 Minutes

US\$ 245 per person

The treatment will activate the circulation, increase metabolic rate, relieve muscle ache and promote healthier and youthful appearance. Detoxifying treatment started with body exfoliation followed by charcoal body wrap. This wrap will help to relieve muscular pain and at the same time increase circulation and improve your metabolism. Detoxifying massage with scalp then performed at the end of the treatment to complete the detox journey.



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## Asian Touch Ritual

### Maldivian Sand Massage

90 Minutes

US\$ 175 per person

Drawn from the Maldivian sand treatment this massage incorporates Ayurveda cleansing gel with soft sand to exfoliate and nourish the skin. Our unique coral sand is natural exfoliator to pamper your body with its abundant natural mineral resources. Applied in firm rhythmic stroke this is a uniquely beautiful massage.

### Warm Stone Massage

60 / 90 Minutes

US\$ 135 / US\$ 175 per person

It is believed that Basalt rock, created from the magma of volcanos holds the earth and fire healing elements, this stone massage therapy will help to expand your blood vessels which encourage blood flow throughout the body, ease muscle stiffness and melt away the tension. Warm stone has a sedative effect that can relieve chronic pain, reduce stress and promote deep relaxation.

### Asian Head Massage

60 / 90 Minutes

US\$ 135 / US \$175 per person

Inspired from ancient healing system of Ayurveda, this shoulder, neck, back, arm and scalp massage is designed to relieve symptoms of anxiety and depression, relieve sleeplessness and renew energy level. Ayurveda herbal poultices filled with aromatic herbs is dipped in warm coconut oil then used on scalp massage for hair and flawless relaxation.

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## Balinese Massage

60 / 90 Minutes

US\$ 125 / US\$ 165 per person

Centuries of experience has blended massage techniques to stimulate blood flow and increase oxygen level on the body by incorporating gentle stretch, acupressure, and reflexology with aromatherapy massage oil to bring sense of wellbeing, calm the mind and profound relaxation.

## Aromatherapy massage

60 / 90 Minutes

US\$ 125 / US\$ 165 per person

Wash away your stress with gentle movement's blend with choice of aromatherapy oils that will incorporate into a personalized massage to provide and exquisite inhalation experience.

## Shiatsu Massage

60 / 90 Minutes

US\$ 125 / US\$ 165 per person

With a history of over 2,000 years the healing art of Japanese body work to bring together finger pressure massage technic with the theoretical framework of traditional Chinese medicine. Performed without oil and using gentle pressure of fingers, palm, thumbs and assisted stretching will stimulates the energy meridians of the body.

## Asian Foot Massage

60 Minutes

US\$ 125 per person

Choose from different massage method to stimulate the circulation to relieve aches and fatigue.

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## Back, Neck & Shoulder

30 Minutes

US\$ 70 per person

For those who would like to spend more time on this high stress area. It's is also a way to restore you wellbeing after the exhaustion of long travel.



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# Face Retreat

## Natural Facial

60 minutes

US\$ 145 per person

Be embraced by fresh ingredient offered by nature to restore the equilibrium and deliver a Nutrient burst to your skin. This pure treatment is suitable for all skin types and will help to refresh and hydrate your skin.

## Ayurveda Radiance Facial

75 minutes

US\$ 160 per person

Ideal way to revitalizing your facial skin and help to refresh tired skin, give it naturally brighter and radiance appearance. Formulated from jasmine extract will boost the oxygen circulation in the skin, improve skin tone and help to prevent formation of darkening cells and leave your skin fresh and hydrate.



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# Time For Him

## Make Him Relax

90 minutes

US\$ 210 per person

Feel the release of tension and melt away with the deep relaxation of long stroking movement, deep palm pressure and elbow pressure point techniques. Follow with an express facial reformed to wash away the roughness and rejuvenate your skin.

## For His Skin

90 minutes

US\$ 210 per person

It's an escape treatment which starts with body scrub followed by creamy body mask to help draw away the impurities and soften the skin. Whilst the nourishing mask works on your skin the therapist will treat your scalp with therapeutic movement. Uplifting back massage then performed to leave you feel refresh and rejuvenate.

## Vitality

90 minutes

US\$ 210 per person

Luxurious treatment specially designs for perfect relaxation of body and mind. The treatments begin with healthy body exfoliation with premium grade ingredients to gently treat the skin at deepest level and continue with energizing Balinese massage which promote healthy skin and ease the tension.

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## Body Wrap & Cocoon Therapy

### Charcoal Body Wrap

60 Minutes

US\$ 135 per person

This personalized body wrap is a tailor made experienced to nourish the skin and increase the effect and absorption of the wrap which beneficiary for the skin elasticity.

### Body Cocoon Therapy

60 minutes

US\$ 135 per person

Aromatic wrap featuring yogurt, honey and tropical Asian flower essence purify the mind, body and revive the soul.



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## Finger & Toe's Treat

### Manicure

60 minutes

US\$ 80 per person

Treat your nails, couture your cuticle sand revive your hand and arms with a nourishing cream massage to restore natural moisture and soft your skin.

### Pedicure

75 minutes

US\$ 85 per person

Restore your feet with our nail and cuticle care and enjoy the foot and lower leg massage to boost your circulation

\*\* Nail varnish is applied upon request\*\*



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## Beauty Wax

Half Leg waxing [30 Minutes]	US\$ 50
Full leg waxing [60 Minutes]	US\$ 100
Under arm waxing [15 Minutes]	US\$ 45
Full Back Waxing [45 Minutes]	US\$ 100
Upper lips waxing [15 Minutes]	US\$ 45
Bikini waxing [30 Minutes]	US\$ 50



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# Enhancement

## Head & Scalp Massage

30 Minutes

US\$ 70 per person

This traditional scalp treatment using herbal oil with therapeutic touch is to nourish your scalp and hair.

## Aromatic Flower Bath

30 Minutes

US\$ 70 per person

Slip into this therapeutic relaxing bath with your loved one and enjoy the peaceful moment.

## Body Scrub

30 minutes

US\$ 70 per person

An exceptional way to smoothen while nourishes the skin with array of body polish. It's a perfect way addition before start another massage.

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# How to Spa

## Scheduling and Appointment

To schedule an appointment for your perfect treatment, please contact our Noku Spa team who will be able to guide you to the right choice. To ensure your preferred time and service is available we recommend to book in advance. Noku Spa is open daily from 09.00 AM to 09.00 PM last treatment will commence at 08.00 PM.

## Arrival Time

Please allow sufficient time before your treatment to complete a Spa Consultation Form and/or Health Questionnaire. We recommend you arrive up to 30 minutes in advance of your treatment so that you can change, relax and enjoy the spa facilities. Please be advised that late arrivals will result in a reduction of treatment time.

## Spa Etiquette

Our spa environment is one of relaxation and tranquility. Please respect all spa guests' right to privacy and serenity. In light of this, the spa is a mobile phone free zone, and smoke free zone.

## Pregnancy

We have specially designed treatments for expectant women or nursing mothers. Please allow our spa team to guide you in selecting which treatments are most suitable during this special time.

## Homecare

To continue your spa experience at home, most products used in our treatments are available at Noku Spa reception.

## Cancellation Policy

A 100% charge will be incurred for any treatment not cancelled at least 6 hours prior to your scheduled time. Late arrival will shorten your treatment time.

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