

FOUR SEASONS SAYAN

2017-2018

# festive season





## OM SWASTIASTU

**On behalf of the team at Four Seasons Sayan, I am glad to welcome you and your family to Bali this festive season.**

There's nothing quite like escaping to a tropical island over the festive season, and enjoying quality time together on a true holiday. We cannot make it snow, but we have done everything in our power to bring the festive ambience to the Sayan Valley with an extensive program of culinary events and activities for all ages.

The Balinese consider a new year a time for cleansing and purification, to restore balance and harmony. I hope you enjoy the activities we have planned to start 2018 on a high note, and we wish you all the best for the coming year ahead.

Om Shanti Shanti Shanti Om

**Sean Mosher**  
*Resort Manager*



## COCKTAILS & CHRISTMAS TREE LIGHTING

**23 DECEMBER | 6 – 7 pm**

Join our resort management at Jati Bar for cocktails and canapés with breathtaking views across the valley, followed by our Christmas tree lighting to officially launch the festive season program.

*Complimentary.*



# Let the festivities begin!



### A Bee Sting You'll Want Again

Sweet and spicy, our new Bee Sting cocktail is made using local honey as part of the Plan Bee conservation project. It's the perfect forest quencher: Tequila, Grand Marnier, lime juice, honey syrup, a splash of Angostura Bitters, Serrano chili pepper, lemongrass and kaffir lime leaf and rimmed with Tabasco. Toast to the bees!  
**Rp200,000++**



maninlase

## SACRED JEWELLERY-MAKING at TIRTA SARI

**24 DECEMBER | 2 - 3pm**

Rudraksha beads are renowned for their unique vibration and are commonly worn by Balinese as protection against negative energies. Join wellness mentor Ibu Fera to make your own rudraksha mala and bracelet to take home.

*Rp500,000++ per person.*



## FESTIVE BREAKFAST at AYUNG TERRACE

**24, 25, 26 DECEMBER | 6.30 - 11 am**

It's the most important meal of the day, and even better on holiday when you can linger and enjoy a selection of gourmet treats. Start the day among the treetops and enjoy our Festive Breakfast specials to get you in the spirit of the season.

*A la carte pricing.*



### The gift that keeps on giving

Love Balinese food? Join a cooking class with our expert chef, and learn all about local ingredients, flavours and techniques. You'll be able to satisfy that craving for Balinese satays and nasi goreng when you get home, and throw an exotic dinner party for friends!



### CHRISTMAS EVE BUFFET at AYUNG TERRACE

24 DECEMBER | 7 - 10 pm

Join us for a lavish buffet accompanied by live jazz. Savour an international selection including roast turkey, roast lamb, roast beef and roast pork, all served with classic Christmas trimmings.

*Rp1,100,000++ per person*



Christmas classics bring the flavours of home to Ayung Terrace with our Christmas Eve Buffet. The only question is, who will get the wishing bone?

### CHRISTMAS DINNER at RIVERSIDE CAFÉ

25 DECEMBER | 7 - 10 pm

Savour a delectable 3-course set menu as you listen to the sounds of the river and soak up the valley's stunning greenery. Choose from the set menu options created by Chef Liam, with most ingredients sourced locally including from our own gardens. Menu is also available a la carte style with individual pricing of each dish.

*Rp795,000++ per person*



### INDONESIAN RIJSTAFFEL at AYUNG TERRACE

25 DECEMBER | 7 - 10 pm

1 JANUARY | 7 - 10 pm

Meaning "rice table" in Dutch, *rijsttafel* dates back to the Dutch colonial period and is a banquet-style dining experience. The evening begins with a spectacular Balinese dance performance followed by a meal of more than a dozen dishes from various regions of Indonesia, served family-style at your table by a parade of traditionally dressed ladies.

*Rp630,000++ per person*



# festive highlights

If it's not over-indulgent, it's not Christmas. Executive Sous Chef Liam Nealon and his team present an extensive array of Indonesian and Western favourites to ensure you enjoy the best of both worlds within the tranquil sanctuary of the Sayan Valley.



### SANTA'S RIVERSIDE ARRIVAL & MAGIC SHOW

25 DECEMBER | 11am - 12 noon

Santa doesn't always come down the chimney! All the children (big and small) are welcome to go down to the Riverside Pool to see Santa arrive. The fun continues at Pici-Pici Kids Club with Magic show, festive sweets and gifts, and a photographer to take photos with Santa.

*Complimentary.*



### UBUD NIGHT at AYUNG TERRACE

27 DECEMBER | 7 - 10 pm

An insightful evening into the art, food and culture of the Ubud village awaits you. This special event features cuisine normally reserved for important festivals and ceremonies in Balinese-Hindu life, including a fresh Ubud-style suckling pig prepared over an open wood fire. The experience is enhanced with a selection of freshly grilled items cooked over a live charcoal grill. *Bebek Betutu*, Balinese roast duck, is not to be missed.

*Rp775,000++ per person*

### FISHERMAN'S NIGHT at AYUNG TERRACE

29 DECEMBER | 7 - 10 pm

Fresh seafood is a highlight of dining in Bali, and our chefs bring you the highest quality crustaceans and fish to cook in your preferred style. Take as much as your heart desires from a wide variety of seafood, salads, pastas, grilled items, side dishes and delectable desserts. As well as Indonesian flavours, there is a Hawaiian poke cart offering tuna sashimi mixed with your choice of Hawaiian condiments.

*Rp855,000++ per person*





### CEREMONY OF PEACE with DOVE RELEASE at DHARMA SHANTI BALE

**31 DECEMBER | 4 - 5 pm**

To go beyond words, beyond the mind, we share the sound of pure quartz crystal singing bowls tuned to 432 HZ, aligned with the intonation of nature. Ibu Fera will play the crystal bowls while chanting a holy song, then bless the birds. Each guest will be given a bird to release, a beautiful and symbolic way to transition from 2017 to 2018 with optimism and enthusiasm.

*45 minutes;  
Rp300,000++ per person*



### NEW YEAR SACRED NAP with wellness mentor IBU FERA

**1 JANUARY  
1-2pm and 2.30-3.30pm**

Experience a nurturing childhood ritual in a unique jungle environment. Suspended mid-air, feel your entire body relax as you are rocked gently to sleep by Ibu Fera - a former Buddhist Nun.

*Complimentary.  
Maximum 8 people per session.*

# new year celebrations

### 2017 LAST SUPPER at RIVERSIDE CAFE

**31 DECEMBER | 7 - 10 pm**

The last meal of the year will be unforgettable, immersed in the valley's stunning greenery. Choose from the 4-course set menu options created by Chef Liam, with ingredients sourced locally including from our own gardens.

*Rp1,400,000++ per person*



### NEW YEAR'S EVE BUFFET at AYUNG TERRACE

**31 DECEMBER | 7 - 10 pm**

It's likely been a big year so let yourself indulge in this delectable buffet with something for everyone. Fresh seafood including oysters and sashimi, roast meats, curries and stir-fries, salads, foie gras, risotto and pasta, and an endless selection of desserts including gelato and crepe station. All to the beat of live jazz by Mia Samira Trio.

*Rp2,800,000++ per person*

### COUNTDOWN PARTY at JATI BAR

**31 DECEMBER  
10 pm - 1 am**

See in the New Year in an unforgettable location, high amongst the treetops with live music counting us down into a fireworks show to welcome 2018. Enjoy a complimentary cheese selection, bon bons and other goodies. Beverages are also available for purchase with a wide selection of Port, Cognac and Premium Spirits.





## SAYAN BLISS 3-IN-1 PACKAGE

Create your own spa package. Choose one of each of the following for the ultimate head-to-toe pampering:

### Body Scrubs

30 mins

Red Ginger

Rice and Spice

Energizing & Detoxifying

Blissful

### Traditional Massages

60 mins

Balinese

Warm Herbal Oil

Deep Knead

### Enhancers

30 mins

Hand Rejuvenation

Flawless Feet

Eye Indulgence

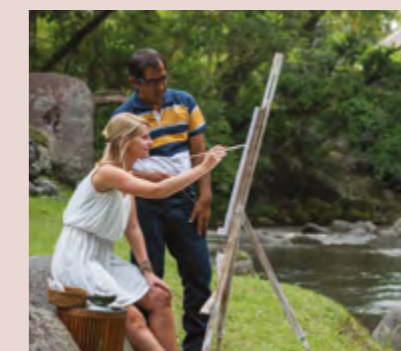
Breast Boost

*120 minutes; Rp2,500,000++ per person including gift of Sacred River Spa Herbal Balm*

## FOUR SEASONS EXTRAORDINARY EXPERIENCES

Experience the beauty of the sacred Ayung River with signature experiences amidst the valley's natural environment. Take a biking adventure through traditional villages, trek through lush jungle, spend a Day in the Life of a Balinese Rice Farmer, and discover Bali's UNESCO World Heritage-listed irrigation system with our guided rafting adventure.

*See the Resort Activities booklet in your room for details on these and other journeys.*



20 December – 7 January

# spa celebrations

Sacred River Spa presents these timeless healing remedies to nourish your body and soul and rebalance your chakras as you enter a New Year.

## CHAKRA REBALANCING

Chakras are described as spinning 'wheels of energy' that exist in their thousands, with the seven main 'wheels' located along our spinal column. If one or more is out of balance, we lack the harmonious flow necessary to function at optimal levels or be 'at one' with the world around us. To remedy this, we have designed seven very special Chakra Ceremonies which combine authentic Balinese rituals and energy healing. Choose the Chakra Ceremony that resonates most with you, or complete our consultation form and we will recommend the best treatment for your needs.

**Special gift: Exclusive Four Seasons Rudraksha bracelet with every booking.**

*Treatments 120-150 minutes; Rp2,500,000 - Rp3,100,000++ per person*



## RESTORATIVE HOT STONE YOGA

Hot stones from the sacred Ayung River are placed on the body during each pose to let the heat penetrate the muscles. This melts away layers of physical and emotional tension, allowing you to fully relax and connect to the natural environment. The mind is invited to slow down and focus on the breath as static poses are held, relaxing the nervous system while strengthening the immune, digestive and reproductive systems.

*90 minutes; private sessions only - maximum 2 people.*

*Rp600,000++ per person including a gift of a hand-crafted stone carving.*





# Kids' Club Festive Program

## Thursday, December 21st BALINESE CULTURAL DAY

- 10:00 Kids Yoga
- 10:30 Temple Visit\*
- 11:30 Let's Talk Balinese
- 12:00 Lunch Time
- 13:00 Balinese Dance Lesson
- 14:00 Balinese Offering Making
- 15:00 Clay Art Painting
- 17:00 See you tomorrow!

## Friday, December 22nd CREATION DAY

- 10:00 Kids Yoga
- 10:30 Arts and Crafts
- 12:00 Milkshake Making at JB\*
- 13:00 Lunch Time
- 14:00 Egg Painting
- 15:00 Picture Frame Making
- 16:00 Movie Time
- 17:00 See you tomorrow!

## Saturday, December 23rd SPORT DAY

- 10:00 Kids Yoga
- 10:30 Ricefield Walk\*
- 11:00 Golden Foot Shoot
- 12:00 Lunch Time
- 13:00 Foosball Competition
- 14:00 Scavenger Hunt
- 15:00 Paper Art
- 16:00 Fish Feeding
- 17:00 See you tomorrow!

## Sunday, December 24th COMPETITION DAY

- 10:00 Kids Yoga
- 10:30 Herbal Walk\*
- 11:30 Bracelet Making Competiton
- 12:00 Lunch Time
- 13:00 Spoon and Marble Race
- 14:00 Arts and Crafts Competition
- 16:00 Bubble Blowing
- 17:00 See you tomorrow!

## Monday, December 25th MERRY CHRISTMAS!

- 09:00 Merry Christmas!
- 11:00 Santa Arrive at RSC
- 11:15 Magician Show
- 12:00 Lunch Time
- 13:30 Christmas Crafts
- 15:00 Face Painting
- 16:00 Christmas Movie
- 17:00 See you tomorrow!

## Tuesday, December 26th GARDEN DAY

- 10:00 Kids Yoga
- 10:30 Garden Walk\*
- 11:00 Stone Painting
- 12:00 Lunch Time
- 13:00 Hide and Seek
- 15:00 Sing Your Favourite Song
- 16:00 Animal Mozaic
- 17:00 See you tomorrow!

## Wednesday, December 27th FUN DAY

- 10:00 Kids Yoga
- 10:30 Musical Chair
- 11:00 Friendship Bracelet Making
- 12:00 Lunch Time
- 13:00 Egg and Spoon Race
- 14:00 3D Arts
- 15:00 Fish Feeding
- 17:00 See you tomorrow!

## Thursday, December 28th BALINESE CULTURAL DAY

- 10:00 Kids Yoga
- 10:30 Temple Visit\*
- 11:30 Let's Talk Balinese
- 12:00 Lunch Time
- 13:00 Balinese Dance Lesson
- 14:00 Balinese Offering Making
- 15:00 Clay Art Painting
- 17:00 See you tomorrow!

## Friday, December 29th CREATION DAY

- 10:00 Kids Yoga
- 10:30 Arts and Crafts
- 12:00 Milkshake Making at JB\*
- 13:00 Lunch Time
- 14:00 Egg Painting
- 15:00 Picture Frame Making
- 16:00 Movie Time
- 17:00 See you tomorrow!

## Saturday, December 30th SPORT DAY

- 10:00 Kids Yoga
- 10:30 Ricefield Walk\*
- 11:00 Golden Foot Shoot
- 12:00 Lunch Time
- 13:00 Foosball Competition
- 14:00 Scavenger Hunt
- 15:00 Paper Art
- 16:00 Fish Feeding
- 17:00 See you tomorrow!

## Sunday, December 31st COMPETITION DAY

- 10:00 Kids Yoga
- 10:30 Herbal Walk\*
- 11:30 Bracelet Making Competiton
- 12:00 Lunch Time
- 13:00 Spoon and Marble Race
- 14:00 Arts and Crafts Competition
- 16:00 Bubble Blowing
- 17:00 See you tomorrow!

## Monday, January 1st HAPPY NEW YEAR!

- 10:00 Kids Yoga
- 10:30 Rice Planting
- 12:00 New Year's Party
- 13:00 Movie Time (with popcorn)
- 15:00 Face Painting
- 16:00 Fish Feeding
- 17:00 See you tomorrow!

Activities are intended for children ages 4-12. Kids under 4 years are welcome to join while accompanied by a parent or sitter.

\*Advance reservation is required due to limited space.



**Heny Ferawati (Fera), Resident Wellness Mentor**

The more we understand the nature of our own mind, the more we develop in wisdom, and the more we discover the source of happiness.



**Putu Kertiayasa, Front Desk Manager**

I love to share my knowledge of my island home and would be happy to recommend some experiences to make your stay even more memorable this festive season.



**Indah Megayani, Spa Manager**

A new year is a time for introspection and renewal of our spirit. Let our team at Sacred River Spa create a wellness plan for you this festive season.



**Liam Nealon, Executive Sous Chef**

I look forward to creating culinary experiences that reflect my years of travel throughout Asia, bring the local flavours and hospitality of Bali to your festive season celebrations.



**Putu Jeniari, Restaurant & Bar Manager**

Seeing delight on our guests' faces is what I love most, knowing we have touched their hearts and created unforgettable experiences. Aside from our scheduled festive activities, I would be happy to curate something especially for you.



**Nyoman Arih Atmawin Adiputra (Awin), Guest Experience Manager**

Restaurant bookings, tours, our new Four Seasons private rafting or art galleries - stop by the desk and let me plan your day for you.



**Ni Ketut Saryani, Recreation & Spa Attendant**

I hope to see you for one of our village treks, cycling or rafting tours, as I would love to introduce you to our local Sayan culture and heritage



**Agus - Private Rafting Guide**

The river is the centre of our land and lives, where the waters and much more come together. Join me to gain insights into Bali's vibrant culture and explore the natural beauty of our sacred Ayung River.



**Ni Ketut Lilik Suardani, Yoga Instructor**

Happiness is an indication of harmony. Let me show you a few yoga movements and meditation techniques to bring more balance and harness the positive energy of our Sacred River Valley.





# events at a glance

## 23 DECEMBER 2017

- Christmas Tree Lighting & Cocktail Party
- Spa Festive Offers

## 24 DECEMBER 2017

- Festive Breakfast at Ayung Terrace
- Sacred Jewellery-Making
- Christmas Eve Buffet & Live Jazz at Ayung Terrace
- Spa Festive Offers

## 25 DECEMBER 2017

- Festive Breakfast at Ayung Terrace
- Santa's Riverside Arrival & Magic Show
- Balinese Dance at Jati Bar
- Indonesian Rijstaffel Dinner at Ayung Terrace
- Riverside Café Christmas Dinner
- Spa Festive Offers

## 26 DECEMBER 2017

- Festive Breakfast at Ayung Terrace
- Spa Festive Offers

## 27 DECEMBER 2017

- Balinese Dance at Jati Bar
- Ubud Night Dinner at Ayung Terrace
- Spa Festive Offers

## 28 DECEMBER 2017

- Spa Festive Offers

## 29 DECEMBER 2017

- Balinese Dance at Jati Bar
- Fisherman's Night at Riverside Café
- Spa Festive Offers

## 30 DECEMBER 2017

- Spa Festive Offers

## 31 DECEMBER 2017

- Ceremony of Peace
- New Year's Eve Buffet & Live Jazz at Ayung Terrace
- 2017 Last Supper at Riverside Cafe
- Spa Festive Offers
- Countdown Party at Jati Bar & Fireworks

## 1 JANUARY 2018

- New Year Sacred Nap
- Balinese Dance at Jati Bar
- Indonesian Rijstaffel Dinner at Ayung Terrace
- Spa Festive Offers



**FOUR SEASONS**  
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BALI AT SAYAN

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